

Always & Forever

LINEDANCE.COM

Count: 32

Wall: 4

Level: Beginner

Choreographer: Nolwenn BERTIN & Anthony MAXENCE (September 2018)

Music: Always & Forever My Girl by Canaan Smith OST Forever My Girl

Start dancing after 16 counts

ROCK STEP, ANCHOR STEP, ROCK BACKWARD, TRIPLE FORWARD

- 1 - 2 Right Rock Step forward, recover
- 3 & 4 Triple Step in place (R behind L)
- 5 - 6 Left Rock Step backward, recover
- 7 & 8 Left Triple Step forward (L-R-L)

Restart: WALL 3, start the dance from the beginning

2 X ¼ TURN LEFT TOUCH, SIDE, BEHIND, SIDE ROCK & BACK

1 - 2¼ t Left with Right Foot on R, Left Touch next to R - 9:00

3 - 4¼ t Left with Left Foot forward, Right Touch next to Left - 6:00

- 5 - 6 Right on Right side, Left behind Right
- 7 & 8 Right Side Rock on the Right , Right Foot behind Left

¼ TURN LEFT, POINT, CROSS (X2 RIGHT & LEFT), WEAVE, CROSS ROCK

1 - 2¼ t Left with Left Foot forward, Right Touch on Right Side - 3:00

- 3 - 4 Cross Right over Left, Left Touch on Left Side
- 5 & 6& Cross Right over L, Right on R Side, Cross Left behind R, Right on R Side
- 7 - 8 Left Cross Rock over Right, recover

¼ TURN LEFT, TOGETHER, TRIPLE FORWARD, ROCKING CHAIR, STEP ¼ TURN LEFT

1 - 2¼ t Left with Left Foot forward , R&L Together (weight on R) 12:00

Variation : count 2, add a Left Knee Pop

- 3 & 4 Left Triple forward (L-R-L)
- 5 & 6& Rock fwd on Right, recover, Rock bwd on Right, recover (weight on L)

7 - 8 Right forward, turn $\frac{1}{4}$ Left (weight on Left) 9:00

ENJOY AND KEEP SMILING

Memo

R. Right - Fwd Forward

L. Left - Bwd Backward

BCh Ball Change - Tch Touch

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