

Anabel (Chair Dance)

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Count: 32 **Wall:** — **Level:** Beginner Chair dance

Choreographer: Rita Ensminger - April 2019

Music: King Of The Road by Proclaimers

Alt. music: Blue Hawaii by Ray Conniff

HEEL STEPS, POINT STEPS

1-4R heel forward, R step together, L heel forward, L step together

5-8R point side, R step together, L point side, L step together

SHOULDER SHRUGS

1-4R shoulder shrugs toward left with elbows bent

5-8L shoulder shrug toward right with elbows bent

HEEL TAPS, STEP TOGETHER

1-4R heel tap fwd, R heel tap fwd, R heel tap fwd, R step together

5-8L heel tap fwd, L heel tap fwd, L heel tap fwd, L step together

SHOULDER FORWARD - ARMS EXTENDED w/SNAPS

1-8L shoulder forward w/arms toward R with finger snaps

5-8R shoulder forward w/arms toward L with finger snaps

REPEAT