

Swingin' Walk

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Count: 64 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: KOELSCH, Franz (October 2018)

Music: "Pride and Joy" by Scooter Lee

Intro: 32 counts / start on vocal

Choreo: Repeat 2 Rounds (64 Counts)

***3rd Round up to Rolling Rocks turning (32 Counts)**

Restart and Repeat 4 Rounds (64 Counts)

Walks and Hands

1-2walk forward rF, walk forward lF, push hands up right, left

3-4walk forward rF, walk forward lF, push hands up right, left

5-6walk back rF, walk back lF, push hands down right, left

7-8walk back rF, walk back lF, push hands down right, left

Swivel Steps and Hands, alternative Jazz Box with a Hop

1swivel rF to side, push hands up diag. right

2swivel lF to side, push hands down diag. left

3swivel rF to side, push hands down diag. right

4swivel lF to side, push hands up diag. left

5step rF to side

6step lF crossing in Front of rF

7&step rF back, Hop on rF

8step lF to side

Rolling Rocks turning

- 1-2 Rock rF/IF to side, $\frac{1}{4}$ Turn to left
- 3-4 Rock rF/IF to side, $\frac{1}{4}$ Turn to left
- 5-6 Rock rF/IF to side, $\frac{1}{4}$ Turn to left
- 7&8 Chassee to side rF/IF/rF, turning $\frac{1}{4}$ to left
- 1-2 Rock lF/rF to side, $\frac{1}{4}$ Turn to right
- 3-4 Rock lF/rF to side, $\frac{1}{4}$ Turn to right
- 5-6 Rock lFf/rF to side, $\frac{1}{4}$ Turn to right
- 7&8 Chassee to side lF/rF/lF, turning $\frac{1}{4}$ to right

Step and Clap

- 1 Step rF forward
- 2-3 Clap 2 Times
- 4 Step lF forward
- 5-6 Clap 2 Times
- 7 Step rF forward
- 8 Clap 1 Times

Jump back and Clap, Run Back and Clap

- &1 Jump back lF/rF
- 2 Clap 1 Times
- &3 Jump back lF/rF
- 4 Clap 1 Times

5&6&7Seven “running” Steps on the Ball of the Feet, Knees slightly bent - moving back, start and ending on lF

- 8 Clap 1 Times

Step and Clap

- 1 Step rF forward
- 2-3 Clap 2 Times
- 4 Step lF forward
- 5-6 Clap 2 Times

7 Step rF forward

8 Clap 1 Times

Jump back and Clap, Run back and Clap

&1 Jump back lF/rF

2 Clap 1 Times

&3 Jump back lF/rF

4 Clap 1 Times

5&a6&a7Seven “running” Steps on the Ball of the Feet, Knees slightly bended moving back, turning ¼ to right, start and ending on lF

8 Clap Once

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