

Save A Horse, Again

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Karianne Heimvik - October 2018

Music: Save a Horse (Ride a Cowboy) by Big&Rich

This dance was made on request for an event in my hometown Bergen in Norway!

There is a Tag on the last 8 counts of the chorus.

(1-8) R heel hook x2, fwd shuffle, L heel hook x2, fwd shuffle

1&2&: R heel fwd on right diagonal, bring R over left leg (hook), R heel fwd on right diagonal, bring R over left leg (hook)

3&4: Step fwd on R , step L next to R, step fwd on R

5&6&: L heel fwd on left diagonal, bring L over right leg (hook), L heel fwd on left diagonal, bring L over right leg (hook)

7&8: Step fwd on L , step R next to L, step fwd on L

(9-16) R Heel $\frac{1}{4}$ turn, shuffle $\frac{1}{4}$ turn, $\frac{1}{2}$ turn, $\frac{1}{2}$ turn, fwd mambo (with hip bump)

1,2: step fwd on R heel and turn $\frac{1}{4}$ to right on the heel, step L back

3&4: step fwd on R with $\frac{1}{4}$ turn to right, step L next to R, step fwd on R

5,6: make $\frac{1}{2}$ turn to right stepping back on L, continue with $\frac{1}{2}$ turn to right stepping fwd on R

(Easier option: walk L, walk R)

7&8: rock fwd on L, recover weight to R, step L next to R (as you step L next to R, bump/push your hips back)

(17-24) Cross samba x4

1&2: cross R over L, step L to left, step R in place

3&4: cross L over R, step R to right, step L in place

5&6: cross R over L, step L to left, step R in place

7&8: cross L over R, step R to right, step L in place

(25-32) rock fwd, shuffle ½ turn, ½ turn, ¼ turn

1,2: rock fwd on R, recover weight on L

3&4: ½ turn to right stepping fwd on R, step L next to R, step fwd on R

5,6: step fwd on L, make ½ turn to right stepping fwd onto R

7,8: make ¼ turn to right stepping L to left, touch R to L

**There is the same 8 count Tag on the last 8 counts of the chorus they sing :
«everybody..... save a horse, ride a cowboy»**

After the last chorus, they play the last 8 counts 3 times, do the tag 3 times too

END OF DANCE!

Tag (8 counts):

1&2&: point R to right, step R in place, point L to left, step L in place

3&4&: point R to right, step R in place, point L to left, step L in place

5&6&: R heel fwd, step R in place L heel fwd, step L in place

7,8: sweep R fwd and up in a backward circle motion, stomp R in place

START DANCE AGAIN!

Remember to have fun and SMILE!