

Ride

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Michael Barr (USA) October 2018

Music: Ride or Die by The Knocks (feat. Foster the People) / CD: New York Narcotic / Length 4:02 - 105 bpm

Download: iTunes or Amazon single. Download the 4:02 in length to match the BPM's above.

Lead: 32 cts. - No Tags / No Restarts

[1-8] Walk, Walk, Anchor Step - Sailor Step w/ 1/4 Turn Left, Step Fwd., 1/2 Turn Left w/Touch

- 1, 2** Step R forward; Step L forward
- 3 & 4** Step R behind L (as you open your hips slightly to the right); Step L in place; Step R slightly back (square up)
- 5 & 6** Step/sweep L behind R; Turning $\frac{1}{4}$ left step ball of R in place; Step L forward (9:00)
- 7, 8** Step R forward; Turn $\frac{1}{2}$ left keeping weight on R (end w/ bent L knee and w/ L toe touching floor) (3:00)

Note: Make the turn "pop" on count 8.

[9-16] Rock Return x 2 - Walk, Walk, Quick-Rock, Return, Cross

- 1** Rock forward onto L in place (rock forward dropping L heel to floor as you lift R heel off floor)
- 2** Return weight onto R in place (drop/return R heel to floor lift as you lift L heel off floor)

Attitude: turn head to look $\frac{1}{4}$ right on count 2. Be cool, everyone is watching ☐

- 3, 4** Repeat counts 1, 2

Attitude: turn head to look $\frac{1}{4}$ right on count 4. Be cool, everyone is still watching ☐

***Rub your stomach in a counterclockwise direction and stick your tongue out - who said line dancing wasn't fun! Just kidding!**

- 5, 6** Walk L forward; Walk R forward

&7, 8(&) Quick side rock left onto L; Return weight to R stepping slightly back; Cross L over R (prep turn) (3:00)

[17-24] Turn 1/4 L, 1/2 L, 1/4 L, Cross, Side - Behind, Side, Touch, Quick Step, Walk, Walk

- 1 - 2** Turn ¼ left stepping back on R; Turn ½ left stepping forward on L
- 3 & 4** Turn ¼ left, step R side right; Cross L in front of R; Step R side right (open hips slightly to left and breathe □)
- 5&6&** Step L behind R; Step R side R; Touch L next to R; Step onto ball of L next to R
- 7, 8** Step R forward to left diagonal (1:30); Step L forward to left diagonal (1:30)

[25-32] Quick Rock, Return w/ Modified Syncopated Weave w/ Heel & Cross - Spiral 3/4 Turn

&1(&) Quick side rock right onto R (square up to 12:00); Return weight onto L (open hips slightly to the left)

Note: Breathe here before the syncopated weave..... □

- 2 & 3** Cross R over L; Step L side left; Step R behind L
- &4** Step L side left; Cross R over L
- &5** Step L side left; Touch R heel to right diagonal
- &6** Step slightly back on ball of R; Cross L over R
- 7, 8** Step ball of R next to L; Rotate ¾ left on ball of R stepping forward on your L (3:00)

Easier Alternative for 7,8: Turn ¼ left stepping R back (9:00); Turn ½ left stepping L forward (3:00)

Begin Again and Enjoy

Ending: Dance ends on the front wall. As you come out of your last turn just take one more step forward onto your Right.

Ta Da!!!