

# Relapse

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**Count:** 64      **Wall:** 4      **Level:** Improver

**Choreographer:** Linda Pink L.V Country Line Dancers, Latrobe Valley, Victoria - October 2018

**Music:** Relapse By: Jessica Meuse. Album: Halfhearted

## **Introduction: 16 Counts - Min 4:31**

### **EXTENDED VINE RIGHT, SIDE SHUFFLE, BACK, ROCK**

- 1,2      Step R to the side, Step L behind R  
3,4      Step R to the side, Step L across R  
5&6      Side Shuffle Right: R,L,R  
7,8      Step L behind R, Rock weight forward onto R 12

### **EXTENDED VINE LEFT, SIDE SHUFFLE, BACK, ROCK**

- 1,2      Step L to the side, Step R behind L  
3,4      Step L to the side, Step R across L  
5&6      Side Shuffle Left: L,R,L

### **7,8# Step R behind L, Rock weight forward onto L 12**

### **SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER STEP FORWARD, TOUCH**

- 1,2      Step R to the side, Touch L next to R  
3,4      Step L to the side, Touch R next to L  
5,6      Step R to the side, Step L next to R  
7,8      Step R forward, Touch L next to R 12

### **SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, STEP FORWARD, TOUCH**

- 1,2      Step L to the side, Touch R next to L  
3,4      Step R to the side, Touch L next to R  
5,6      Step L to the side, Step R next to L  
7,8      Step L forward, Touch R next to L 12

### **PADDLE TURN, PADDLE TURN, JAZZ BOX**

- 1,2      Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 9

- 3,4 Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 6
- 5,6 Jazz Box: Step R across in front of L, Step L back
- 7,8 Step R to the side, Step L forward

### **K STEP**

- 1,2 Step R fwd at 45 deg Right, Touch L next to R
- 3,4 Step L back to the Centre, Touch R next to L
- 5,6 Step R back at 45 deg Right, Touch L next to R
- 7,8 Step L fwd to the Centre, Touch R next to L

### **PADDLE TURN, PIVOT TURN, TOE STRUT, TOE STRUT**

- 1,2 Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 3
- 3,4 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L 9
- 5,6 Toe Strut: Step R toe forward, Drop R heel
- 7,8 Toe Strut: Step L toe forward, Drop L heel

### **PIVOT TURN X 2, (ALT ROCKING CHAIR), HIP BUMPS X 4**

- 1,2 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L
- 3,4 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L
- 5,6 Step R to the side Push hips to the Right, Push Hips Left
- 7,8 Push Hips Right, Push Hips Left 9

**Restart: On wall 3 dance to Beat 16 (#) and restart facing 6 o'clock.**

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