

My Only One - No Hay Nadie Mas

LINEDANCE.COM

Count: 32

Wall: 2

Level: Improver / Intermediate

Choreographer: Montse Garres y Miguel Ángel Sanjuán "Wild West LD&CWD" - October 2018

Music: My Only One (No Hay Nadie Mas) by Sebastian Yatra Ft. Isabela Moner

Traslation by: Miguel Ángel Sanjuán "Wild West LD & CWD"

Section 1: DIAGONALLY WALK FWD R-L, SHUFFLE R , ROCK FWD L, PIVOT, ½ TURN L, STEP L FWR, ¾ TURN L

- 1 - 2 Walk diagonally step fwd RF, step fwd LF. (1:30)
- 3 - 4 Step fwd RF, step LF next RF, step RF fwd
- 5 - 6 Step LF fwd (Rock), return RF weight swing back
- 7 - 8 Turn ½ turn to the L, turn ¾ full turn to the L (11:30)

Section 2: DIAGONALLY WALK FWD L-R, SHUFFLE L, ROCK FWD R, PIVOT, ½ TURN R, ¼ TURN R, STEP L FWD

- 9 - 10 Walk diagonally step fwd LF, step fwd RF. (11:30)
- 11 - 12 Step fwd LF, step RF along LF, step LF fwd
- 13 - 14 Step RF fwd (Rock), return weight LF swing back
- 15 - 16½ **turn to the R & turn ¼ turn to the R, step fwd to the L (6:00)**

RESTART: 5th WALL

Section 3: WALK FWD R-L, ROCK PIVOT INTO BODYROLL R, ½ TURN R, FULL TURN R, SHUFFLE R

- 17 - 18 Step fwd RF, step fwd LF
- 19 - 20 Step fwd LF, step fwd RF & perform body movement from top to bottom (bodyroll).
- 21 - 22½ **turn to the R, turn entire turn to the R**

- 23 - 24 Step fwd RF, step LF next RF, step fwd RF

Section 4: ROCK PIVOT L, ½ TURN L STEP FWD L, SWEEP (Low) R TO L, STEP SIDE L TO L, HIP SWAYS (BUMB)

- 25 - 26 Step fwd LF (Rock), return the LF weight

- 27** Turn ½ turn to the L, step fwd to the L,
28 & 29 Sweep RF and cross in front LF (2 times).
30 Step LF to L
31 - 32 Rocking to the R, shifting the weight on the RF, swinging the weight on the LF.

Start again, Enjoy & Have Fun!!!!

RESTART: (After 16 counts wall 5th.)

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Descarga Música / Download Music:

English Version: <https://1drv.ms/u/s!Ar8EA8FYPPoQQgTY3-Mtl4s4ej78D>

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