

# Head Over Heels & Toes

LINEDANCE.COM

**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Pat Stott & Laura Sway (October 2018)

**Music:** Out Of Our Heads by Take That

**Count in: 8 count intro**

**Point & point & heel & heel & point, hold double clap, & point hold double clap**

**1&2.**Point right to right, close, point left to left

**&3&4.**Close, right heel forward, close, left heel forward

**&5&6.**Close, point right to right, hold & clap hands twice (&6)

**&7&8.**Close, point left to left, hold & clap hands twice (&8)

**& Heel grind 1/4 turn right, coaster step, rock forward, recover, close, rock forward, recover**

**&1-2.**Step on Left, Right heel forward and grind heel turning 1/4 right, recover back on left foot

**3&4.**Back on right, close left to right, forward on right

**5-6&**      Rock forward on left, recover on right, close left to right

**7-8.**Rock forward on right, recover on left

**1/2 turn right stepping forward on right, 1/4 turn right stepping left to left, rock back, recover, rock right to right, turn 1/4 left, full turn left (or 2 walks)**

**1-2.**Turn 1/2 right stepping forward on right, turn 1/4 right stepping left to left

**3-4.**Rock back on right, recover on left

**5-6.**Rock right to right, turn 1/4 left transferring weight to left

**7-8.**Turn 1/2 left stepping back on right, turn 1/2 left stepping forward on left

**(Easier option 2 walks forward)**

**Hip bumps right, ball cross, hold & clap hands twice, bump hips left, ball cross, hold & clap hands twice**

**1-2.Step slightly diagonally right on right & bump hips to right twice**

**&3&4.Step onto ball of left slightly back, cross right over left, clap hands twice**

**5-6.Step slightly diagonally forward on left & bump hips twice to left**

**&7&8.Step onto ball of right foot slightly back, cross left over right, hold & clap twice**

**Side, recover, behind, side, cross, side, recover, sailor 1/4 turn left**

**1-2.Rock right to right, recover on left**

**3&4.Right behind left, left to left, cross right over left**

**5-6.Rock left to left, recover on right**

**7&8.Left behind right, turn 1/4 left stepping right to right, step left in place**

**Step, kick, coaster step, Jazz box 1/4 right with jump & clap**

**1-2.Step forward on right, kick left forward**

**3&4.Back on left, close right to left, forward on left**

**5-6.Cross right over left, back on left**

**7-8.Turn 1/4 stepping right to right, jump feet together and clap**

**ENDING: Dance up until Counts 32 (3.00) , Rock side Right, Recover on Left, behind 1/4 Step Left (12.00) into your big finish....**

**Just a nice Big Pose to finish .. TADA!!!**