

GRoove (Cứ Thế Bay)

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Count: 84 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Angéline FOURMAGE (Angel'Line) (FR - 8 October 2018)

Music: GRoove (Cứ Thế Bay) by Trọng Hiếu

Start : 16 counts (On lyrics) 4 Restarts

Seq; A-B-A-B-B-A(32)-A(32)-B-B

Part A : 52 Counts

A[1-8] : Rock Step, Curve Turning Weave R, Chassé L

1-2RF to R side, Recover to LF

3&4& Make an 1/8 turn R cross RF behind LF, Make an 1/8 turn R step LF to L side, Make an 1/8 turn R cross RF over LF, Make an 1/8 turn R step LF to L side

5&6 Cross RF behind LF, LF to L side, Cross RF over LF

7&8 Chassé L (LF to L side, RF next to LF, LF to L side)

A[9-16] : Rock Step, Step Back, Hold, Step Together, Point, Point, Kick, Ball, Step

1-2RF FW, Recover to LF

3-4RF Back, Hold (Option : Body Roll)

&5&6LF next to RF, Point RF to R side, RF next to LF, Point LF to L side

7&8L Kick FW, LFnext to RF, RF FW

A[17-24] : Step ¼ R, Drag, Step, Drag, Step FW ¼ L, Step FW, Kick Ball Point

1-2 Make ¼ R with LF to L side with R Drag, Touch RF next to LF

3-4RF to R side with L Drag, Touch LF next to RF

5-6 Make ¼ R with LF FW, RF FW (Option : Knee Pop)

7&8L Kick FW, LF next to RF, Point RF to R side

A[25-32] : Kick Ball Point, Step, Cross, Step ¼ L, Step Side ¼ L, Press, Rondé, Step ¼, Rock Step* (1 restart) (For part B,Touch LF next to RF not recover to LF)

1&2R Kick FW, RF next to LF, Point LF to L side

3-4 Cross LF over RF, Make $\frac{1}{4}$ L with RF Back

5-6 Make $\frac{1}{4}$ L with LF to L side, R Press

7-8& Recover to LF with R Rondé from front to back, Make $\frac{1}{4}$ R with RF Back, Recover to LF

A[33-40] : Toe Strut, Toe Strut, Side, Cross, Side, Touch

1-2R toe strut to R side (Step right toe, drop right heel)

3-4 Cross LF over RF with L toe strut (Step left toe, drop left heel)

5-6RF to R side, Cross LF over RF

7-8RF to R side, Touch LF next to RF

A[40-48] : Toe Strut, Toe Strut, Side, Cross, Side, Touch

1-2L toe strut to L side (Step left toe, drop left heel)

3-4 Cross RF over LF with R toe strut (Step right toe, drop right heel)

5-6LF to L side, Cross RF over LF

7-8LF to L side, Touch RF over LF

A[49-52] : Heel Grind, Heel Grind, Touch

1-2&R Heel Grind, Recover to LF, RF next to LF

3-4&L Heel Grind, Recover to RF, Touch LF next to RF

Part B : 32 Counts

B[1-8] L Jump, R Jump, KickX2, Tap, Tap, Tap

1-2 Jump to L side, Jump to R side

3-4R kick to R diagonal, R kick to R diagonal

5&6&R Tap FW, RF next to LF, L Tap FW, LF next to RF

7&8R Tap FW, RF next to LF, L Tap FW

B[9-16] L Jump, R Jump, KickX2, Tap, Tap, Tap

1-2 Jump to L side, Jump to R side

3-4R kick to R diagonal, R kick to R diagonal

5&6&R Tap FW, RF next to LF, L Tap FW, LF next to RF

7&8R Tap FW, RF next to LF, L Tap FW

B[17-24] L Jump, R Jump, KickX2, Tap, Tap, Tap

1-2 Jump to L side, Jump to R side

3-4R kick to R diagonal, R kick to R diagonal

5&6&R Tap FW, RF next to LF, L Tap FW, LF next to RF

7-8R Tap FW, Touch RF next to LF

B[25-32] V Step, V Step, Mambo, Mambo

1&2&RF to R diagonal, LF to L diagonal, RF Back, LF next to RF

3&4&RF to R diagonal, LF to L diagonal, RF Back, LF next to RF

5&6RF to R side, Recover to RF, RF next to LF

7&8LF to L side, Recover to RF, LF next to RF(for repeat B, touch LF next to RF not LF next to RF)

NOTA : (RF = Right foot ; LF = Left Foot ; FW = Forward)

Smile and enjoy the dance - Contact : maellynedance@gmail.com