

Ciao Bella

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Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Mathias Pflug (October 2018)

Music: "Bella Ciao" by El Profesor (HUGEL Remix) (approximately 3 min.)

Start on - "O Partigiano"

[01-08] Kick-Ball-Step, Walk r+l, Jazz box with ¼ turn r

- 1&2** Kick r foot fwd, Step r beside l, Step l fwd
- 3-4** Step r fwd, Step l fwd
- 5-8** Cross r over l, ¼ turn r stepping l back, Step r to r side, Step l fwd (3.00)

[09-16] Rock fwd, Recover & Rock fwd, Recover, Backward Walks with toe fans, ¼ turn r/ behind-side-cross

- 1-2&** Step r fwd, Recover on l, Step r beside l
- 3-4** Step l fwd, Recover on r
- 5-6** Walk back on left whilst fanning right toes with right heel on floor, Walk back on right whilst fanning left toes with left heel on floor

7&8 1/8 turn r stepping l behind r, 1/8 turn r stepping r to r side, cross l over r (6.00)

[17-24] Side Rock, Recover & Side Rock, Recover, Crossing Shuffle, Side Rock, Recover

- 1-2&** Step r to r side, Recover on l, Step r beside l
- 3-4** Step l to l side, Recover on r
- 5&6** Cross l over r, Step r to r side, Cross l over r
- 7-8** Step r to r side, Recover on l

[25-32] Heel Grind with ¼ turn r, ¼ turn r/side, Heel Grind with ¼ turn l, Back, Rock Back, Recover

- 1-2** Step r heel fwd & ¼ turn r grinding on r heel, Step l back (9.00)
- 3 ¼ turn r stepping r to s side (12.00) *****
- 4-5** Step l heel fwd & ¼ turn l grinding on l heel, Step r back (9.00)
- 6** Step l back
- 7-8** Step r back, Recover on l

START AGAIN!

***** RESTART ~ During 2nd wall (facing 9h) and 8th wall (facing 6h)**

4 Step 1 fwd and then restart the dance

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