

Catch Me I'm Falling

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Beate Keller, April 2019

Music: Catch Me I'm Falling by Real Life

Start: on the vocals (or intro)

S1: ROCKING CHAIR, FULL TRIPLE TURN L, HOLD.

1 2 3 4RF rock fwd(1), LF recover(2), RF rock back(3), LF recover(4)

5 6 7 8 Triple turn left (R-L-R) (5-6-7) (12.00), hold(8)

S2: DIAG. LOCK STEP, HOLD, DIAG. LOCK STEP, HOLD.

1 2 3 4LF step diag fwd(10.30)(1), RF lock behind(2), LF step diag fwd(3), hold(4),

5 6 7 8RF step diag fwd(5)(1.30), LF lock behind(6), RF step diag fwd(7), hold(8)

S3: KICK DIAG, STEP, KICK FWD, STEP, STEP BACK (L-R-L), HOLD.

1 2 3 4LF kick diag fwd(1)(1.30), LF step side left(2), RF kick fwd(3)(12.00), RF step down(4),

5 6 7 8LF small steps back (5-6-7)(L-R-L), hold(8)

S4: MAMBO R, HOLD, MAMBO L ¼ TURN L, HOLD.

1 2 3 4RF rock side right(1), LF recover(2), RF close together(3), hold(4)

5 6 7 8LF ¼ turn left and rock side left(5), RF recover(6), LF close together(7), hold(8) (9.00)

Start again :)

Choreographer: Beate Keller - Germany - email: beate.keller1@gmx.de