

La Vida Es Bella

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Count: 30

Wall: 4

Level: Beginner - Slow Foxtrot

Choreographer: Clara Ayats - March 2019

Music: 'La vita è bella' by Nicola Piovani (from the movie's soundtrack Life is Beautiful) (65 bpm) - Non country

Re-start on the 3rd wall after count 20

[1-8]: R Rumba box, upper body sway to R and L, Chasse to R

1&2RF step side R, LF step together, RF step fwd

3&4LF step side L, RF step together, LF step back

5-6RF step side R and sway upper body to R, change weight to L with sway upper body to L

7&8RF step side R, LF close feet change weight, RF step side R

[9-16]: ¼ turn L Coaster Step, Chasse fwd, Spot turn to R close feet step fwd, Spot turn to L close feet 2 walk fwd

1&2LF cross behind RF, ¼ turn L RF step together, LF step fwd

3&4RF step fwd, LF lock behind RF, RF step fwd

5&6LF step fwd, ½ turn R RF close to LF, LF step fwd

7&8&RF step fwd, ½ turn L LF close to RF, RF walk fwd, LF walk fwd

[17-24]: Upper body sway to R and L x2, Chasse diagonal to L, Hitch, Wave to R

1-2RF step side R and sway upper body to R, change weight to L with sway upper body to L

3-4 Change weight to R with sway upper body to R, change weight to L with sway upper body to L

5&6&RF step diagonally L over LF, LF lock behind RF, RF step diagonally L fwd, L knee makes a hitch while changing movement direction to R (still facing 9:00)

7&8&LF cross over RF, RF step side R, LF cross behind RF, RF step side R

[25-30]: ½ Step turn R x2, Jazz box, fwd Hook R

1-2LF step fwd, ½ turn R RF step fwd

3-4LF step fwd, ½ turn R RF step fwd

5&6&LF cross over RF, RF step back, LF step L, R leg makes a hook over L leg

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