

Back To Life

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Count: 48 **Wall:** 2 **Level:** Beginner waltz

Choreographer: Lesley Stewart (Scotland - March 2019)

Music: Back To Life by Rascal Flatts

Intro: 2 Counts....Start On The Word "Me"

NO TAGS OR RESTARTS!!! (YAY)

S1: Nightclub Basic (R&L)

- 1-2 Big step R to right (1), Hold (2)
- 3-4 Rock L behind R (3), Recover on R (4)
- 5-6 Big step L to left (5), Hold (6)
- 7-8 Rock R behind L (7), Recover on L (8) (12:00)

S2: Nightclub Basic - ¼ Left (R), Nightclub Basic (L)

- 1-2 Make ¼ turn left - stepping a big step R to right (1), Hold (2)
- 3-4 Rock L behind R (3), Recover on R (4)
- 5-6 Big step L to left (5), Hold (6)
- 7-8 Rock R behind L (7), Recover on L (8) (9:00)

S3: K-Step With Brush

- 1-2 Step R diagonally fwd (1) Touch L next to R (2)
- 3-4 Step L diagonally back (3), Touch R next to L (4)
- 5-6 Step R diagonally back (5), Touch L next to R (6)
- 7-8 Step L diagonally fwd (7), Brush R fwd (8) (9:00)

S4: Rocking Chair (R), Forward Walks With Holds (R&L)

- 1-2 Rock R fwd (1), Recover on L (2)
- 3-4 Rock R back (3), Recover on L (4)
- 5-6 Step R fwd (5), Hold (6)
- 7-8 Step L fwd (7), Hold (8) (9:00)

Let's Dance!!!

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=131726