

En Sista Gång (One last time)

LINEDANCE.COM

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Cecilia Friberg – March 2019

Music: "En sista gång" by Albin Johnsén

Start on vocals

CROSS TURN ½ LEFT, KICK BALL STEP, CROSS, KNEEL, ELEVATE WITH HIP SWAYS

- 1-2** Cross right over left, turn ½ left
- 3&4** Kick right forward, step right together, step left forward
- 5-6** Cross right over left, kneel lightly
- 7&8** Sway hips right, left, right while elevating back up

STEP, TOUCH, SIDE CHASSÉ, TURN ¼ RIGHT, TURN ¼ RIGHT, FULL TRIPLE TURN RIGHT

- 1-2** Step right to right side, touch left next to right
- 3&4** Step left to left side, step right next to left, step left to left side
- 5-6** Turn ¼ and step right to side, turn ¼ and step left to side
- 7&8** Make a full turn stepping right behind left, left forward, right next to left

HALF JAZZ BOX, SAILOR TURN ¼ LEFT, STEP, STEP, OUT, OUT

- 1-2** Step left over right, step right back
- 3&4** Turn ¼ left and step left to left side, step right back, step left forward
- 5-6** Walk right forward, left forward
- 7-8** Step right diagonally forward, step left diagonally forward

SHOULDER PUSH BACKS, ½ SHUFFLE TURN, WALK, WALK, KICK BALL STEP

- 1-2** Push right shoulder back, push left shoulder back
- 3&4** Turn ½ left and step left to left side, right next to left, left forward
- 5-6** Step right forward, step left forward
- 7&8** Kick right forward, step right together, step left forward

TAGS / RESTARTS:-

On wall 6, start after count 16: Turn ¼ right and walk, walk, kick ball step + RESTART

After wall 9, rock right forward, recover on left, rock right back, recover on left (rocking chair) on 4 counts before Restarting.

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=131707