

# Dip To The Bass

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Christopher Gonzalez (USA) & Rachael McEnaney-White (UK/USA) (September 2018)

**Music:** Moves feat. Snoop Dogg - Olly Murs (approx 2.45 mins). Approx 202 bpm officially (101 bpm with the count).

**Count In: 16 counts from start of track, begin on lyrics.**

**Count In: Notes: Restart the dance after 16 counts during walls 2 and 5 (stepping ball of L next to R on '&' to restart**

**[1 - 8] Walk R-L, R fwd, ¼ turn R with L ball rock, L cross, R side, L kick, syncopated step touch L&R**

- 1 2** Step forward R (1), step forward L (2) 12.00
- 3 & 4** Step forward R (3), make ¼ turn right rocking ball of L to left side (&), recover weight R (4) 3.00
- 5 & 6** Cross L over R (5), step R to right side (&), kick L to left diagonal (6) 3.00
- & 7 & 8** Step L to left side (&), touch R next to L (7), step R to right side (&), touch L next to R (8) 3.00

**[9 - 16] L ball, R cross, L side rock, L heel grind with ¼ turn left stepping back R, L coaster, ¼ L with 'C hip'**

- & 1** Step in place on ball of L (&), cross R over L (1) 3.00
- 2 & 3 4** Rock L to left side (2), recover weight R (&), cross L heel over R (3), grind L heel into floor while making ¼ turn left stepping back R (4) 12.00
- 5 & 6** Step back L (5), step R next to L (&), step forward L (6) 12.00
- 7 & 8** Make ¼ turn left as you hitch right knee lifting R hip up (7), step R to right side (&), bend knees slightly bumping hips R (8) 9.00

**Restart: During 2nd wall restart here (begin facing 9.00, restart facing 6.00). During 5th wall restart here (begin facing 12.00, restart facing 9.00)**

**Step ball of L next to R on '&' to start again with R foot.**

**[17 - 24] L diagonal shuffle, R skate, ¼ turn L, triple full turn fwd (R-L-R) 3 boogie walks L-R-L**

- 1 & 2** Step L to left diagonal (1), step R next to L (&), step L to left diagonal (2) 9.00
- 3 4** Skate R to right diagonal (3), make  $\frac{1}{4}$  turn left stepping forward L (4) 6.00
- 5 & 6** Make  $\frac{1}{2}$  turn left stepping back R (5), make  $\frac{1}{2}$  turn left stepping forward L (&), step forward R (6) 6.00
- 7 & 8** Small step forward L (7), small step forward R (&), small step forward L (8) (styling: bend knees slightly during these 3 steps sending hips left-right-left) 6.00

**[25 - 32] R fwd, L mambo,  $\frac{1}{4}$  turn reverse chugs L, L  $\frac{1}{4}$  sailor step**

- 1 2&3 4** Step forward R (1), rock forward L (2), recover weight R (&), step back L (3), step back R (4) 6.00
- 5 6** Make  $\frac{1}{4}$  turn left pushing L to left side (5), make  $\frac{1}{4}$  turn left pushing L to left side (6), 12.00
- 7 & 8** Cross L behind R (7), make  $\frac{1}{4}$  turn left stepping R next to L (&), step forward L (8) 9.00

**Ending 9th wall is the final wall, you will begin the 9th wall facing 12.00 - for a nice finish don't turn the final sailor step - keep it to the front**

**START AGAIN - HAVE FUN**

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