

The Bounce

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Scott Blevins and Jo Thompson Szymanski (September 2018)

Music: "The Bounce" - Single by: Outasight

#16 count intro to start with lyrics

Sequence: 16 intro, 32, 16, Tag (facing original 6 o'clock wall when tag is completed), 32, 32, 16, Tag (facing the original 3 o'clock wall when tag is completed), 32, 32, 32, Tag (facing the original 3 o'clock wall when Tag is completed), 32 with ending.

[1-8] KNEE, BACK, COASTER CROSS, SIDE ROCK, RCVR, CROSS, SIDE, TOGETHER, KNEE, KNEE

1-21) Lift R knee; 2) Big step R back dragging L heel

3&43) Step ball of L back; &) Step ball of R beside L; 4) Step L across R

5&65) Rock R to right; &) Recover to L; 6) Step R across L

&7&8(&) Step L to left angling to face 1:00; 7) Step ball of R beside L with R knee popped; &) Pop L knee; 8) Pop R knee

[9-16] FWD, SPIRAL, SIDE ROCK, RCVR, BEHIND, SIDE ROCK, RCVR, BEHIND, 1/4 RIGHT, SIDE ROCK, RCVR, CROSS

1a21) Step R forward toward 1:00; a) Small step L forward toward 1:00; 2) Spiral 5/8 right on ball of L [9:00]

3&43) Rock R to right; &) Recover to L; 4) Step R behind L

5&6&5) Rock L to left; &) Recover to R; 6) Step L behind R; &) Turn 1/4 right stepping R forward [12:00]

7&87) Rock L to left; &) Recover to R; 8) Step L across R

[17-24] RIGHT ROCK, 1/4 LEFT RCVR, 1/2 LEFT, 3/8 LEFT, ANGLED MAMBO, BUMP AND BUMP

1-21) Rock R to right torquing upper body right; 2) Turn 1/4 left recovering to L [9:00]

3-43) Turn 1/2 left stepping R back; 4) Turn 3/8 left stepping L to left [11:00]

5&65) Rock R forward toward 11:00; &) Recover to L; 6) Step R back bending knees slightly [11:00]

a7&8(a) Lift L hip; 7) Bump hips down to right; &) Lift L hip; 8) Bump hips down to the right

[25-32] 3/8 ARCING RUN, CROSS, 1/4 RIGHT, BACK, TOGETHER, BACK, TOGETHER, BACK, 1/2 RIGHT

1&2 1&2) Take 3 small steps forward L-R-L arcing 3/8 left to face 6:00

3-43) Step R across L; 4) Turn 1/4 right stepping L back [9:00]

5&5) Step R back with right hip and toe turned out to right but still facing 9:00; &) Step L to R instep

6&7,8(6&) Repeat counts 5&; 7) Repeat count 5; 8) Turn 1/2 right stepping L forward [3:00]

Fun variation for counts 29-32 on rotations 3-6-8-9: 5) Step R back; 6) Small step L back a shoulder width apart from R; 7) Small step R back a shoulder width apart from L at the same time shake hips fast side to side 5e&a6e&a7, kind of like a hip shimmy; 8) Turn 1/2 right stepping L forward.

Tag: Occurring after count 16 on rotations 2 and 5 and at the end of rotation 8:

[1-8] 3/8 LEFT WITH HIP CIRCLES, 1/8 LEFT PREP, 1/2 RIGHT, 1/2 RIGHT, 1/4 RIGHT, STOP SIGN, HOLD

1&2&3&1) Step R to right; &) Pivot 1/8 left while circling hips anti clockwise; 2) Small step R forward; &) Pivot 1/8 left while

circling hips anti clockwise; 3) Small step R forward; &) Pivot 1/8 left while circling hips anti clockwise

4-5-64) Turn 1/8 left stepping R forward; 5) Turn 1/2 right stepping L back; 6) Turn 1/2 right stepping R forward

&7-8(&) Turn 1/4 right stepping L to left; 7) Step R to right pushing R palm to right and look right; 8) Hold (shifting weight to L)

[9-16] JAZZ BOX, FORWARD, 1/2 LEFT, DROP DOWN, POP UP

1-41) Step R across L; 2) Step L back; 3) Step R to right; 4) Step L forward

5-85) Step R forward; 6) Turn 1/2 left taking weight on L; 7) Step R to right dropping into a squat; 8) Pop up weight on L

Ending: Your final rotation will start facing the original 3 o'clock wall. You will dance through count 31 using the variation as written above and will be facing the original 12 o'clock wall. Replace count 32 with - Step L out to left hitting a pose

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