

# Hurting On Me (Fr)

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**Count:** 64      **Wall:** 2      **Level:** Improver / Intermediate

**Choreographer:** Sophie Ruhling (France) March 2019

**Music:** Hurting On Me by Nashville Cast feat. Chris Carmack - 180 bpm

## **Intro: 32 counts**

### **Notes:-**

**Wall 4 dance up to 16 counts, you will be change step, Rock RF fwd(7), recover on LF(8), then restart**

**Wall 9 dance up to 24 counts then restart**

## **Sec 1: SIDE CHASSE, TOUCHX2, 1/4 L FWD, 1/4 L SIDE CHASSE, BEHIND, RECOVER**

**1&2**      Step RF to R side, step LF together, step RF to R

**3&4**      Touch LF beside RF, touch LF to L, 1/4 L step LF fwd 9:00

**5&6 1/4 L step RF to R, step LF together, step RF to R 6:00**

**7 - 8**      Rock LF behind RF, recover on RF

## **Sec 2: (KICK BALL CROSS)X2, SIDE, 1/4 R, FWD, FWD SHUFFLE**

**1&2**      Kick LF to L diagonal, step LF in place, cross RF over LF

**3&4**      Kick LF to L diagonal, step LF in place, cross RF over LF

**5&6**      Step LF to L, 1/4 R step RF fwd, step LF fwd 9:00

**7&8**      Fwd shuffle by RLR 9:00 \*\*RESTART-Rock RF fwd(7), recover on LF (8) on wall 4,

## **Sec 3: (KICK BALL SIDE TOUCH)X2, SIDE ROCK, RECOVER, 1/4 L COASTER**

**1&2**      Kick LF fwd, step LF in place, touch RF to R

**3&4**      Kick RF fwd, step RF in place, touch LF to L

**5 - 6**      Rock LF to L, recover on RF

**7&8 1/4 L coaster step by LRL 6:00 \*\*RESTART- on wall 9**

## **Sec 4: FWD HIP BUMP, 1/4 L SIDE HIP BUMP, FWD, PIVOT 1/2 L, FWD, PIVOT 1/2 L**

**1&2**      Hip fwd bump RLR

**3&41/4 L hip bump to L by LRL 3:00**

**5 - 8** Step RF fwd,pivot 1/2 L,step RF fwd,pivot 1/2 L 3:00

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