

90'S LADIES

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Count: 32 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Susan Reynolds - August 2018

Music: Ladies in the 90's by Lauren Alaina

Intro: 4 slow 8 counts. Start with singing.

WALK, WALK, FRONT LOCK-STEP, ROCK, RECOVER, COASTER

- 1-2** Walk R forward, Walk L forward
- 3&4** Step R forward, Step L forward and crossed behind R, Step R forward
- 5-6** Rock L forward, Recover R
- 7&8** Step L back, Step R back next to L, Step L forward

GRAPEVINE R, KICK-BALL-CHANGE 2X

- 1-2** Step R to side, Step L behind R
- 3-4** Step R to side, Step L in front across R
- 5&6** Kick R forward, Step R ball of foot slightly behind L, Step L in place
- 7&8** Kick R forward, Step R ball of foot slightly behind L, Step L in place

SIDE ROCK, BACK-SIDE-FRONT 2X

- 1-2** Rock R to R side, Recover on L
- 3&4** Step R behind L, Step L to L side, Step R in front over L
- 5-6** Rock L to L side, Recover on R
- 7&8** Step L behind R, Step R to R side, Step L in front over R

SHUFFLE FORWARD, ¼ TURN, SHUFFLE FORWARD, ½ TURN

- 1&2** Step R forward, Step L next to R, Step R forward
- 3-4** Step L as pivot 1/4 to R (weight returns to L)
- 5&6** Step R forward, Step L next to R, Step R forward
- 7-8** Step L forward as pivot ½ to R (weight returns to L)