

Except Monday

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Diana Dawson (UK) July 2018

Music: Except For Monday by Lorrie Morgan (168 bpm)

Music: Various albums, Available from Amazon & iTunes

#32 count intro

Right Chasse, Hitch, Left Chasse, Hitch

1-4 Step Right to Right side. Step Left beside Right. Step Right to Right side. Hitch Left knee

5-8 Step Left to Left side. Step Right beside Left. Step Left to Left side. Hitch Right knee

Step back, Hitch, Step back, Hitch, Coaster Step

1-4 Step back on Right. Hitch Left knee. Step back on Left. Hitch Right knee

5-8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

Step Forward, Lock, Forward, Heel, Hook, Heel, Flick

1-4 Step forward on Left. Lock Right up behind Left. Step forward on Left. Hold

5-6 Dig Right heel forward. Hook Right up in front of Left shin.

7-8 Dig Right heel forward. Flick Right heel out to Right side

Step forward, Lock, Forward, Step, Pivot Half turn, Step forward

1-4 Step forward on Right. Lock Left up behind Right. Step forward on Right. Hold

5-8 Step forward on Left. Pivot Half turn Right. Step forward on Left. Hold [6.00]

RESTART here on Wall 3, facing 12 o'clock

Right Toe, Heel, Stomp, Left Toe, Heel, Stomp (travelling forward)

1-2 Touch Right toe turned in to Left instep. Touch Right heel turned in to Left instep

3-4 Step/stomp Right forward. Hold (travelling forward)

5-6 Touch Left toe turned in to Right instep. Touch Left heel turned in to Right instep

7-8 Step/stomp Left forward. Hold (travelling forward)

Right Side Rock, Weave Left Quarter turn, Step forward

1-2 Rock Right to Right side. Recover onto Left.

- 3-4** Cross Right over Left. Step Left to Left side
- 5-6** Step Right behind Left. Quarter turn Left stepping forward on Left.
- 7-8** Step forward on Right. Hold. [3.00]

Left Side Mambo, Monterey Half turn

- 1-4** Rock Left to Left side. Recover onto Right. Step Left beside Right. Hold
- 5-6** Point Right to Right side. Half turn Right stepping Right beside Left. [9.00]
- 7-8** Point Left to Left side. Step Left beside Right

Right Rock & Cross, Left Rock & Cross

- 1-4** Rock Right to Right side. Recover onto Left. Cross Right over Left. Hold
- 5-8** Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold

Start again

NOTE: Restart on Wall 3 - Dance the first four sections (steps 1 to 32), then start again at the beginning facing 12 o'clock

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