

Country Fox (P)

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Count: 44 **Wall:** — **Level:** Advanced Beginner (Partner)

Choreographer: Dick & Nancy Rogers (July 2018)

Music: Drive Myself to Drink (John Rich) [112 bpm]

Any music suitable for Foxtrot (slow to fast tempo)

NOTE: Rhythm is SSQQ except for the Box Fox which is SQQ timing. Steps are described for Lead; Follow steps are opposite except where noted. S = slow (2 beats of music), Q = quick (1 beat of music), LD = Lead, FW = Follow, FWD = forward.

Starting position: Closed hold with good frame and connection, and Lead facing diagonal R to line of dance (LOD).

ZIG

1-4 Facing diagonal R to LOD step LF FWD (S), step RF FWD (S)

5-6 Step LF to L turning $\frac{1}{4}$ R (Q), step RF beside LF (Q)

NOTE: On 5-6 Lead step L should rotate couple $\frac{1}{4}$ R. Follow step R should be smaller than Lead step.

ZAG

1-4 Step LF back (S), step RF back (S)

5-6 Step LF to L turning $\frac{1}{8}$ L to face outside LOD (Q), step RF beside LF (Q)

NOTE: On 5-6 Lead step L should be quite small and rotate couple $\frac{1}{8}$ L. Follow step R should be slightly larger than Lead step.

BOX FOX (SQQ TIMING)

1-2 Step LF FWD (S)

3-4 Step RF to R (Q), step LF beside RF (Q)

5-6 Step back on RF (S)

7-8 Step LF to L (Q), step RF beside LF (Q)

PROMENADE

1-4 Turn LF $\frac{1}{4}$ L and step LF FWD down LOD (S), step RF FWD past LF down LOD (S)

5-6 Step LF to L $\frac{1}{4}$ turn R down LOD (Q), step RF beside LF (Q)

PROMENADE WITH UNDERARM TURN FOR FOLLOW

1-2LD: Turn LF $\frac{1}{4}$ L and raise LH and step LF FWD down LOD (S) FW: Turn RF $\frac{1}{4}$ R and step FWD down LOD (S)

3-4LD: Step RF FWD past LF down LOD (S) FW: Step LF FWD past RF and pivot $\frac{3}{4}$ turn R on ball of LF under L arm of Lead (S)

NOTE: Follow RF should be hooked across L shin at end of last "slow".

5-6LD: Step LF to L (Q), step RF beside LF and resume closed hold (Q) FW: Step RF past LF to R and face Lead (Q), step LF beside RF and resume closed hold (Q)

NOTE: End facing diagonal FWD R LOD ready to start over with a Zig.

REPEAT

OPTIONAL: Repeat until near end of song when the tempo slows down, and then break off from LOD to freestyle Box Fox, travelling Box Fox, turning Box Fox, and/or one-step slow dance to end of tune.

Contact: wildwoodlabs@gmail.com

Last Update - 23rd Sept. 2018