

# Cornbread Fed

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**Count:** 64      **Wall:** 4      **Level:** High Intermediate ECS

**Choreographer:** Carolyne SABATIER (France- 30 July 2018)

**Music:** "Cornbread Fed" by Milton PATTON

## Count In: Start 16 counts

### [1-8] Heel Grind $\frac{1}{4}$ turn R- Coaster R- Rock L Forward- Full Triple Back

1 2      Dig R heel forward (1),  $\frac{1}{4}$  turn R weigh on L foot (2) 03.00

**3&4step back on R (3), L beside R (&), step R forward (4) 03.00**

5 6      Rock L forward (5), recover weigh on R (6) 03.00

**7&8 $\frac{1}{2}$  turn L step L forward (5),  $\frac{1}{2}$  turn L step back on R (&),  $\frac{1}{2}$  turn L step L forward (6)  
09.00**

## Restart here at the 3th repetition (facing 3:00)

### [9-16] $\frac{1}{4}$ Turn L Side R Step- Touch L- Kick Ball Cross- Side Rock L- Behind Side Cross

1 2 $\frac{1}{4}$  turn L side R step (1), touch L beside R (2) 06.00

3&4      Kick L on diagonal (3), ball step on L (&), cross R over L (4), 06.00

5 6      Side L rock (5), recover weight on R (6) 06.00

**7&8cross L behind R (7), side R step (&), cross L over R (8), 06.00**

### [17-24] Side Rock R- $\frac{1}{4}$ turn R Back Rock R- 2 Pivot Half Turn

1 2side R rock (1), recover weigh on L (2) 06.00

3 4 $\frac{1}{4}$  turn R back R rock (3), recover weigh on L (4), 09.00

5 6step R forward (5), pivot half turn L (6) 03.00

7 8step R forward (7), pivot half turn L (8) 09.00

## Restart here at the 6th repetition (facing 6:00)

### [25-32] Syncopated Rock R & L forward- Back Step L & R- Coaster step

1 2rock R forward (1), recover weigh on L (2) 09.00

**&3 4R next to L (&), rock L forward (3), recover weigh on R (4) 09.00**

**5 6step back on L (5), step back on R (6) 09.00**

**7&8step back on L (7), R beside L (&), step L forward (8) 09.00**

**[33-40] Step Forward R- ½ Turn R step Back L- Triple Back- Rock Back- Triple Forward**

**1 2 Step R forward (1), ½ turn R step back on L 03.00**

**3&4step R back (5), L beside R (&), step R back (4) 03.00**

**5 6rock back on L (5), recover weigh on R (6) 03.00**

**7&8step L forward (7), R beside L (&), step L forward (8) 03.00**

**[41-48] Kick R Ball Point L- Kick L ball Point R- Jazz Box Cross**

**1&2 Kick R forward (1), ball step on R (&), L side touch (2) 03.00**

**3&4kick L forward (3), ball step on L (&), R side touch (4) 03.00**

**5 6cross R over L (5), L back step (6) 03.00**

**7 8side R step (7), cross L over R (8) 03.00**

**[49-56] Side Hold- Ball Side Touch- Rolling Vine With Triple**

**1 2 Stomp R (1), Hold (2) 03.00**

**&3 4ball step on L (&), side step on R (3), touch L beside R (4) 03.00**

**5 6¼ turn L step L forward (5), ½ turn L step R back (6) 12/6**

**7&8¼ turn L side L step (7), R beside L (&), side L step (8) 03.00**

**[57-64] Cross- Point - Back Together- Triple Forward- ½ pivot L**

**1 2cross R over L (1), side L point (2) 03.00**

**3 4step L back (3), R beside L (4) 03.00**

**5&6step L forward (1), R beside L (&), step L forward (6) 03.00**

**7 8step R forward (7), pivot half turn L (8) 09.00**

**HAVE A GOOD FUN.....ENJOY!!!!**

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