

C&K Not Sorry

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Count: 48

Wall: 1

Level: Phrased Intermediate

Choreographer: Christa "Christyle" Thomas and Hakeema "Keema" Shamsuddin - July 2018

Music: Sorry Not Sorry by Demi Lovato

Intro: 16 count intro (app. 15 secs. into track). Start with weight on L foot

Phrasing: A, A, B, C, C, A, A, B, C, C, Tag, C, C, Ending.

A section - 16 COUNTS (you do it twice)**

A[1 - 8] R V STEP, OUT, IN, OUT, STEP, V STEP, OUT, IN, OUT, STEP (REPEAT ON L)

1&2&R step fwd to right corner (1), L step fwd to left corner (&), R step home (2), L step home (&)

3&4&R touch out (3), touch in (&), touch out (4), R step home

5&6&L step fwd to left corner (1), R step fwd to right corner (&), L step home (2), R step home (&)

7&8&L touch out (3), touch in (&), touch out (4), L step home

A[9 - 16] STEP, LOCK, STEP, STEP, PIVOT ½, WALK, TOUCH, TOUCH, OUT, OUT, LOOK, HOME

3&4&R step fwd (3), pivot ½ turn left on L (&), R step fwd (4), L step fwd (&)

5&6&7R touch fwd (5), R home (&), L touch fwd (6), L step to left side (&), R step to right side (7)

&8 Look left (&), look fwd (8)

B section - 16 COUNTS

B[1 - 8] HIP ROCKS ½ TURN, TOUCH, HIP ROCKS ½ TURN, TOUCH

1&2&R rock side pushing hip right 1/16 turn left (1), L rec (&), R rock side pushing hip right 1/16 turn left (2), L rec (&)

3&4&R rock side pushing hip right 1/16 turn left (3), L rec (&), R rock side pushing hip right 1/16 turn left (4), L touch home (&)

5&6&L rock side pushing hip left 1/16 turn right (1), R rec (&), L rock side pushing hip left 1/16 turn right (2), R rec (&)

7&8&L rock side pushing hip left 1/16 turn right (1), R rec (&), L rock side pushing hip left 1/16 turn right (2), R touch home (&)

B[9 - 16] STEP, BALL, STEP, TOUCH, STEP, BALL, STEP TOUCH, FWD, REC, HOME, FINGER

1a2&R step side (1), L ball step next to R (a), R step side (2), L touch next to R (&)

3a4&L step side (1), R ball step next to L (a), L step side (2), R touch next to L (&)

5&6&R rock fwd (5), L rec (&), R step home (6), L step side while bringing right hand to left chest with index finger pointed up (&)

7&8& Swing right hand from left to right with index finger pointed up (song says no)

C section - 16 COUNTS (you do it twice)**

C[1 - 8] STEP, SAILOR STEP, IN, OUT, STEP, SAILOR STEP, IN, OUT

1,2&3&4R step side (1), L cross behind R (2), R step side (&), L step side (3) R touch in (&), R touch side (4)

5,6&7&8R step side (5), L cross behind R (6), R step side (&), L step side (7) R touch in (&), R touch side (8)

C[9 - 16] STEP, LOCK, STEP, DRAG STEPS, STEP, TOUCH, STEP, KICK, STEP, TOGETHER, ABOUT FACE

1&2R step fwd (1), L cross behind R (&), R step fwd (2)

&3&4L drag in to R (&), L step home (3), R drag in to L (&), R step home (4)

&5&6L step fwd (&), R touch together (5), R step back (&), L kick fwd (6)

&7&8L step fwd (&), R together (7), L slightly cross behind R (&), unwind 1/2 turn left on L (8)

Ending[1-6] FULL TURN HIP ROCKS, POSE

1&2&R rock side pushing hip right 1/4 turn left (1), L rec (&), R rock side pushing hip right 1/16 turn left (2), L rec (&)

3&4&R rock side pushing hip right 1/4 turn left (3), L rec (&), R rock side pushing hip right 1/16 turn left (4), L rec (&)

5&6&R rock side pushing hip right 1/4 turn left (5), L rec (&), R step side 1/4 turn left (6), pose (&)

Enjoy!

Contacts:-

Chris (jus1christyle@yahoo.com)

Keema (morenita987@comcast.net)