

# 7 Year Heartache

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Frederick Fung - Canada (July 2018)

**Music:** "Seven Year Ache (Studio Version)" by Rosanne Cash

## **Musical Introduction: 32 Counts**

### **[1-8] RF ROCK FORWARD, ROCK BACK, TOE HEEL TOE STEP (12:00)**

1-2            Rock forward RF, recover on LF

3-4            Back rock on RF, recover on LF

### **5-7RF Toe In, RF Heel touch out to R; RF Toe In**

8              Make 1/8 Turn R and Step RF forward towards 1:00

### **[9-16] LF BRUSH-CROSS-SIDE-BACK, RF BACK-SIDE-BRUSH-CROSS**

1-2            Brush LF, Cross LF over RF

3-4            Step RF to R side(3), Make 1/8 turn L and stepping back on LF(4) towards 11:00

5-6            Still on diagonal step back on RF(5), Make 1/8 turn step LF to L side(6) towards 7:00

### **7-8RF Brush(7), Cross RF over L(8)**

### **[17-24] HEEL TAP X 2, LEFT SAILOR, RIGHT SAILOR**

1-2            Tap left heel 2 times

3-4            Cross LF behind RF, Step RF to R side,

5              Make a 1/6 Turn R and Step LF to place facing 9:00

6-7            Cross RF behind LF, Step LF to L side

8              Make 1/4 Turn L and Step RF to place facing 6:00

### **[25-32] LEFT SAILOR, RF CLOSE LF, PADDLE TURN L, 1/4 TURN TOE POINT R**

1-3            Cross LF behind RF, Step RF to R side, Step LF to place facing 6:00

4              Close RF to LF

5-6            Paddle turn: Make 1/4 L and Step LF forward, Make 1/4 turn L and take weight on RF facing 12:00

**7-8RF Step in place, Make  $\frac{1}{4}$  turn L and point right toe to R side(take weight on LF facing 9:00)**

**REPEAT**

**Ending on Wall #12 after dancing up to 8 counts**

**PLEASE ENJOY THIS LINE DANCE UNTIL YOUR HEART AND SOUL ARE TOUCHED BY “7 Year Heartache”!**

**For Song & Step Sheet, please contact: [Passionff0118@gmail.com](mailto:Passionff0118@gmail.com)**

**Last Update - July 1, 2018**