

# You Deserve Better

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**Count:** 64      **Wall:** 2      **Level:** Advanced

**Choreographer:** Fred Whitehouse (Ireland) August 2018

**Music:** You Deserve Better by James Arthur (3.27min)

## Intro - 40 Counts from start of track (approx:24 Seconds)

### [1-8] Step Sweep, Cross, Step Side, Heel Ball Step, ½ Turn Twist & Look, Touch x2

- 1,2&** Step RF forward sweeping LF from back to front, Step LF over R, step RF to R side
- 3&4** Touch L heel to L diagonal, close LF next to R, step RF forward
- 5,6&** Swivel both heels R making ½ turn L looking back over shoulder, recover heels back to center placing weight on LF, step RF back to R diagonal
- 7&8** Touch LF next to R, step LF back to L diagonal, touch RF next to L

### [9-16] Push Step x2, Step, Out, Out, Swivel, Swivel Rise, Drop, Heel, Ball Step

- &1&2** Rock RF back diagonal, recover weight on to L, rock RF back diagonal, recover weight on to L (Push step, use the ball of the RF to Rock back)
- 3&4** Step RF forward diagonal, step LF to L side, step RF to R side squaring up to 12.00
- &5,6** Swivel both heels R, swivel toes R and rise up on ball of feet facing diagonal, recover weight on LF (1.30)
- 7&8** Touch R heel forward, close RF next to L, step LF forward

### [17-24] Sweep x2, Sailor ½ Turn R, Rock, Recover & Hitch, Weave

- 1,2** Step RF back sweeping LF from front to back, step LF back sweeping RF from front to back
- 3&4** Step RF behind L, ¼ turn R stepping LF to L side, ¼ turn R stepping RF forward
- 5,6** Rock LF forward, recover on R hitching L knee
- 7&8** Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R

### [25-32] ¾ Box Turn, Ball Step, Slide Feet Apart, Drag Feet Back Together Making ¾ Turn L, Place Weight On LF

- 1,2** Step RF to R side, ¼ turn L stepping LF to L side,
- 3,4¼ turn L stepping RF to R side, ¼ turn L stepping LF to L side (Styling: Pop Knees out on every ¼ Turn)**

- &5,6** Close RF next to L, step LF to L side, twist both heels & body  $\frac{1}{4}$  turn R (Push feet further apart if possible)
- 7,8** Make  $\frac{3}{4}$  Turn L pulling LF towards RF (Pull feet back together making  $\frac{3}{4}$  turn) place weight on L

**(Restart Here During Wall 4)**

**[33-40] Walk R,L, Rock & Cross,  $\frac{1}{4}$  Turn R x2, Rock,  $\frac{1}{4}$  Turn R, Cross**

- 1,2** Step RF forward, step LF forward
- 3&4** Rock RF to R side, cross RF over L
- 5,6  $\frac{1}{4}$  turn R stepping LF back,  $\frac{1}{4}$  turn R stepping RF forward**
- 7&8** Rock LF forward,  $\frac{1}{4}$  turn R stepping RF to R side, cross LF over R

**[41-48] Heel Switches x2, Double Heel Switch R, Sailor  $\frac{1}{4}$  Turn R, Triple Full Turn L**

- 1&2&** Touch R heel to R diagonal as you swivel L heel in, close RF next to L, touch L heel to L diagonal as you swivel R heel in, close LF next to R (option: Touch R to R side, close R next to L, touch L to L side, close L next to R)
- 3&4** Touch R heel to R diagonal as you swivel L heel in, touch RF next to L, touch R heel to R diagonal as you swivel L heel in (option: Touch R to R side, touch R next to L, touch R to R side)
- 5&6** Step RF behind L, step RF to R side,  $\frac{1}{4}$  turn R stepping RF forward
- 7&8** Make full turn L stepping L,R,L (triple full turn, weight ending on LF)

**[49-56] Camel Walks x4, Rock & Cross x2, Point RF to R Side**

- 1,2  $\frac{1}{8}$  turn L stepping RF forward pop L knee,  $\frac{1}{8}$  turn L stepping LF forward pop R knee**
- 3,4  $\frac{1}{8}$  turn L stepping RF forward pop L knee,  $\frac{1}{8}$  turn L stepping LF forward pop R knee facing 12.00 (on all pops, tap both hands on hips to hit the beat)**
- 5&6** Rock RF to R side, recover on to L, cross RF over L
- &7** Rock LF to L side, recover on to R,
- &8** Cross LF over R, point RF to R side

**[57-64]  $\frac{1}{2}$  Turn L x2 (moon walk glides) & Lock,  $\frac{1}{2}$  Turn L Unwind, Walk R,L**

- 1,2** Step RF forward pushing LF back,  $\frac{1}{2}$  turn L placing weight on LF
- 3,4** Step RF forward pushing LF back,  $\frac{1}{2}$  turn L placing weight on LF ( $\frac{1}{2}$  turn moon walk glides)

**&5,6** Step RF forward, touch LF behind R, unwind ½ turn L placing weight on L

**7,8** Step RF forward, step LF forward

**Happy Dancing.**

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