

Promises

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Jessica Townley - USA - February 2019

Music: Promises by Calvin Harris & Sam Smith - 123 BPM - iTunes

TAGS: One 16 ct.

INTRO: 32 Counts

WALK, WALK, TRIPLE STEP WALK, WALK, TRIPLE STEP

1-4 Step RF forward, left forward, triple step RLR

5-8 Step LF forward, right forward, triple step LRL

ROCK RECOVER, TRIPLE ½ TURN, TRIPLE ½ TURN & ROCK RECOVER

1-4 Rock Rt. foot forward, recover on the left, triple ½ turn to the right RLR

5-8 Triple ½ turn continuing to turn LRL, rock back on the rt. recover on the left

SIDE ROCK, CROSSING TRIPLE SIDE ROCK, CROSSING TRIPLE

1-4RF Rock to the side, recover on the left, cross right over left, triple step RLR

5-8LF Rock to the side, recover on the right foot, cross left over right, triple step LRL

PIVOT ¼, PIVOT ¼, JAZZBOX

1-4RF Step forward, pivot ¼ to the left, RF Step forward, pivot ¼ to the left

5-8RF Cross right over left, step back on the left, step right to the side and left foot forward

TAG: 16 Counts Tag is at the end of 3rd rotation and at the end of the 7th rotation

CROSS POINTS FRONT & BACK

1-4 Cross right over left, point left toe to the side, cross left over right, point right toe to the side

5-8 Cross right behind left, point left toe to the side, cross left behind right, point right toe to the side

ROCK RECOVER, TRIPLE IN PLACE, ROCK RECOVER TRIPLE IN PLACE

1-4RF Rock back, recover on the LF, Triple step in place RLR

5-8LF Rock forward, recover on the RF, Triple in place LRL

ENJOY! The JAZZ BOX! is for Toni

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=131184