

Urban Wave

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Sue Smyth, Peter Jones, Anna Lockwood, Lesley Michel, Michelle Mathieson and Lorna Dennis (UK) August 2018

Music: My Wave by Keith Urban - [Graffiti U album] (iTunes)

#32 count intro - 1 Restart

Section 1: Right side behind and ball cross side, left rock behind recover, left kickball cross

1-2step right to right side, Step left behind right

&3-4step right to right side, cross left over right, step right to right side

5-6rock left behind right, recover on right

7&8kick left forward, step on ball of left foot, cross right over left

Section 2: Left side behind and ball cross side, right rock behind recover, right kickball cross

1-2step left to left side, Step right behind left

&3-4step left to left side, cross right over left, step left to left side

5-6rock right behind left, recover on left

7&8kick right forward, step on ball of right foot, cross left over right

Restart (on wall 3 Restart here)

Section 3: Side switches, heel switches, half turn left

1-2point right toe to right side and hold

&3-4step right next to left, point left toe to left side and hold

&5&6step left next to right, right heel forward, step right next to left, left heel forward

&7-8step left next to right, step forward on right, $\frac{1}{2}$ turn over left shoulder

Section 4: Syncopated forward rocks right and left, left shuffle back, right toe behind $\frac{1}{2}$ turn unwind

1-2rock right forward and recover on left

&3-4step right next to left, rock left forward and recover on right

5&6step back on left, step right next to left, step back on left

7-8right toe behind, $\frac{1}{2}$ turn over right shoulder (keeping weight on right foot)

Section 5: Left side rock, behind side cross, right side rock recover, behind $\frac{1}{4}$ step

1-2rock left to left side, recover on right

3&4step left behind right, right to right side, cross left over right

5&6rock right to right side, recover on left

7-8step right behind left, make $\frac{1}{4}$ turn left stepping forward on left, step forward on right

Section 6: Left toe strut forward, right toe strut forward, left rock recover, $\frac{1}{2}$ turn toe strut

1-2put left toe forward, drop left heel

3-4put right toe forward, drop right heel

5-6rock forward on left, recover on right

7-8 $\frac{1}{2}$ turn left putting left toe down, drop left heel

Section 7: Kick and point x 2, Right jazz box cross

1&2kick right foot forward, recover on right, point left toe to left side

3&4kick left foot forward, recovery on left, point right to right side

5-6step right over left, step back on left

7-8step right to right side, cross left over right

Section 8: 4 x Diagonal step touches

1-2step diagonally forward on right, touch left next to right

3-4step diagonally back on left, touch right next to left

5-6step diagonally back on right, touch left next to right

7-8step diagonally forward on left, touch right next to left

(Wave arms in the air above the head during this section.)

Restart on wall after 16 counts, facing 6 o'clock

Happy dancing

This was choreographed by 'The Quickdraw Gang'. It will fit to many different pieces of music both fast and slow. If you would like a slower track then please try the alternative track 'Cold Shoulder' by Josh Turner, Restart in the same place.