

True Inspiration

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Count: 32

Wall: 2

Level: High Intermediate NC2S

Choreographer: Julia Wetzel - August 2018

Music: You Say by Lauren Daigle, Length: 4:34, BPM: 74

Intro: 16 counts, start on vocal (14 sec. into track)

Note: Turning options are recommended below but feel free to turn more or turn less at your discretion

[1 - 8] Step, Cross, Side, $\frac{1}{8}$ L Back, Behind, $\frac{1}{8}$ L Step, Spiral L, Run, Run, Rock, $\frac{1}{4}$ L Side

1, 2& Step R fw sweep L to front (1), Cross L over R (2), Step R to right side (&) 12:00

3, 4& $\frac{1}{8}$ Turn left step L back sweep R to back (3), Step R behind L (4), $\frac{1}{8}$ Turn left step L fw (&) 9:00

5, 6& Step R fw and spiral full turn left on R (5), Step L fw (6), Step R fw (&) 9:00

7, 8& Rock L fw (7), Recover on R (8), $\frac{1}{4}$ Turn left step L to left side (&) 6:00

[9 - 16] Cross Touch, Full Turn L, Step, $\frac{1}{8}$ L Run, Run, Step, $\frac{3}{8}$ R Hitch, Cross, $1\frac{1}{2}$ L

1 - 3 Touch ball of R over L (1), Take weight on R and full turn left on R (2), Step L fw (3) 6:00

4&5 $\frac{1}{8}$ Turn left step R fw (4:30) (4), Step L fw (&), Step R fw (5) 4:30

6, 7& $\frac{3}{8}$ Turn right on R hitching L (9:00) (6), Cross L over R (7), $\frac{1}{4}$ Turn left step R back (&) 6:00

8&1 $\frac{1}{2}$ Turn left step L fw (8), $\frac{1}{2}$ Turn left step R back (&), $\frac{1}{4}$ Turn left step L to left side (1)

Half Turn Option: $\frac{1}{4}$ Turn left step L to left side (8), Cross R over L (&), Step L to left side (1)

Note: I recommend the Half Turn Option on Walls 1, 2, 6 when the music is quiet 3:00

[18- 24] Basic L R, $\frac{1}{4}$ R Sweep, Sweep, Back, Back, $\frac{1}{8}$ R Touch

2&3 Close R behind L (2), Cross L over R (&), Step R to right side (3) 3:00

- 4&5** Close L behind R (4), Cross R over L (&), $\frac{1}{4}$ Turn right step L back sweep R to back (5) 6:00
- 6, 7** Step R back sweep L to back (6), Step L back (7) 6:00
- 8&** Step R back to right diag. (8), $\frac{1}{8}$ Turn right touch L next to R (&) 7:30

[25 - 32] Step, Cross, Back, $\frac{1}{8}$ R Side, Cross, $\frac{1}{4}$ L, $\frac{1}{4}$ L Side, Touch, $1\frac{1}{4}$ R, Step

- 1, 2&** Step L fw sweep R to front (1), Cross R over L (2), Step L back (&) 7:30
- 3, 4& $\frac{1}{8}$ Turn right step R to right side (3), Cross L over R (4), $\frac{1}{4}$ Turn left step R back (&) 6:00**
- 5 - 7 $\frac{1}{4}$ Turn left step L to left side (5), Touch R to right side (prep) (6), $\frac{1}{4}$ Turn right step R fw (7) 6:00**
- &8& $\frac{1}{2}$ Turn right step L back (&), $\frac{1}{2}$ Turn right step R fw (8), Step L fw (&)**

Extra Turn Option: Same (&8), $\frac{1}{2}$ Turn right step L back (&), $\frac{1}{2}$ Turn right step R fw sweep L to front (1)

Note: Extra Turn Option applies to even Walls (2, 4, 6, 8) only, all ending at 12:00. Try a few or all four 6:00

Tag: At the end of Wall 3, 5, 7 or when the dance ends at 6:00 (except Wall 1), do the following 16 counts:

[1 - 8] Step, Rock, Behind, Side, Cross, Point, $\frac{1}{2}$ R Sweep, Cross, Side

- 1 - 3** Step R fw (1), Rock L fw and throw right hand up (as if tossing a ball) (2), Recover on R (3) 6:00
- 4&5** Step L behind R (4), Step R to right side (&), Cross L over R (5) 6:00
- 6, 7** Point R to right side and throw arms out to sides (6), Close R next to L and $\frac{1}{2}$ turn right on R sweep L to front (similar to a Monterey $\frac{1}{2}$ Turn) (7) 12:00
- 8&** Cross L over R (8), Step R to right side (&) 12:00

[9 - 16] Touch Behind, $\frac{1}{2}$ L Unwind, Back, Coaster, Step, Pivot $\frac{1}{2}$ L (2x)

- 1 - 3** Touch L behind R (1), ½ Unwind L weight ending on R and throw both arms up with palms up and look up (2), Step L back (3) 6:00
- 4&5, 6** Step R back (4), Step L next R (&), Step R fw (5), Step L fw (6) 6:00
- 7&8&** Step R fw (7), Pivot ½ Turn L step L fw (&), Step R fw (8), Pivot ½ Turn L step L fw (&) 6:00

After completing the Tag at the end of Wall 5 (only), add a 4-Count Rocking Chair (Rock R fw

(1-2), Rock R back (3-4)) before starting Wall 6 6:00

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Last Update - 8th Sept. 2018