

Land of 1000 Dances

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Count: 16 **Wall:** 4 **Level:** Beginner

Choreographer: Susan Prats - February 2019

Music: Land of 1,000 Dances by Wilson Pickett

Start 8 beats into music, right lead

RIGHT FORWARD MAMBO, LEFT BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2 Rock R forward (1), recover L (&), step R next to L (2)

3&4 Rock L back (3), recover R (&), step L next to R (4)

5&6 Rock R to right (5), recover L (&), step R next to L (6)

7&8 Rock L to left (7), recover R (&), step L next to R (8)

CROSS TOUCH, STEP X 2, ROCKING CHAIR, PADDLE 1/4 LEFT

1-2 Cross touch R over L (1), step R (2)

3-4 Cross touch L over R (3), step L (4)

5&6& Rock R forward (5), step L in place (&), rock R back (6), step L in place (&)

7-8 Step R forward (7), paddle 1/4 L (9:00) (8)

Restart