

Ala-Freakin-Bama

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Judi Bisher-Schuler - February 2019

Music: Ala-Freakin-Bama by Trace Adkins

Right and Left Stomp, Toe fans

1,2,3,4 Stomp Right foot forward, fan toes out right, left, and forward.

5,6,7,8 Stomp Left foot forward, fan toes out left, right, and forward.

Toe Struts forward

1,2 Step on Right toe, drop heel.

3,4 Step on Left toe, drop heel.

5,6 Repeat counts 1,2

7,8 Repeat counts 3,4

Shuffle Back, Right, Left, Right, Left

1&2 Step back Right, Left, Right

3&4 Step back Left, Right, Left

5&6 Step back Right, Left, Right

7&8 Step back Left, Right, Left

6 Count Vine Right with Half turn Right, Stomp Right, Left

1,2,3,4 Step Right, left foot behind, step right making $\frac{1}{4}$ turn right, step left making $\frac{1}{4}$ turn right,

5,6,7,8 step right behind left, step left, stomp right foot then left foot.

Repeat.