

# Only Lonely

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Larry Bass - February 2019

**Music:** "You're Only Lonely" by J. D. Souther

## Restart after 16 count on wall 3

### SWAYFORWARD, SWAY BACK, TRIPLE STEP FORWARD; ROCK STEP, TRIPLE STEP BACK

- 1-2      Step R forward swaying hips forward; Sway hips back to L
- 3&4      Step R forward, Step L to R, Step R forward
- 5-6      Rock L forward; Recover back to R
- 7&8      Step L back, Step R to L, Step L back

### ROCK STEP BACK, SIDE, TOGETHER, SIDE; CROSSOVER ROCK STEP, SIDE, TOGETHER, ¼ TURN

- 1-2      Rock R back; Recover forward to L
- 3&4      Step R to right, Step L beside R, Step R to right
- 5-6      Rock L across R; Recover back to R
- 7&8      Step L to left, Step R beside L, Make a ¼ turn left & step L forward (9:00)

## Restart here on wall 3 facing (3:00)

### HIP TURNS, TRIPLE STEP FORWARD; STEP ¼ PIVOT

- 1-2      Step R forward swaying hips forward; Pivot 1/8 turn left to L (7:30)
- 3-4      Step R forward swaying hips forward; Pivot 1/8 turn left to L (6:00)
- 5&6      Step R forward, Step L to R, Step R forward
- 7-8      Step L forward; Pivot ¼ turn left to R (9:00)

### CROSSOVER TRIPLE STEP, SIDE ROCK STEP; JAZZ BOX

- 1&2      Step L across R, Step R to right, Step L across R
- 3-4      Rock R to right; Recover left to L
- 5-6      Step R across L; Step L back
- 7-8      Step R to right; Step L beside R

## **Begin Again**

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