

Slow and Easy

LINEDANCE.COM

Count: 32

Wall: —

Level: —

Choreographer: Cathy Montgomery

Music: Slow Hand by Jason Benoit

Start dance 16 counts when the lyrics start.

[1-8] -- Right Side together shuffle Forward, Left Side Together Shuffle Forward

1 - 2 Step right foot to right side, step left foot beside Right.

3 & 4 Shuffle forward R, L R.

5 - 6 Step Left foot to left side, step right foot beside Left.

7 & 8 Shuffle forward L, R, L.

[9 -16] - Step Right Forward Touch Left, Shuffle Back, Step Back Right, Touch Left, Shuffle Back.

1 - 2 Step right foot forward, touch left toe behind Right.

3 & 4 Shuffle Back L, R, L.

5 - 6 Step right foot back, Touch Left foot beside Right.

7 & 8 Shuffle back L R L

TAG - Wall 9: Do the 4 count Tag and then Restart the dance.

[17-24] - Rock Back on Right, Recover Left, Shuffle Forward Right, Step Left Foot Forward, ¼ Turn Right, Cross Shuffle Left

1 - 2 Rock back onto right foot, recover weight onto left,

3 & 4 Shuffle Forward R, L, R.

5 - 6 Step Forward onto Left foot ¼ turn right taking weight onto right foot.

7 & 8 Cross Shuffle Left over right, step onto right, cross Left foot over right.

[25-32] - Step Right to Right side, step left beside Right, ¼ shuffle R, L, R, Step Left Forward ¼ turn pivot to Right, Cross Shuffle Left over right, step Left.

1 - 2 Step right foot to right side, step left foot beside right.

3 & 4 Shuffle ¼ turn to Right - R, L R.

5 - 6 Step forward on the left foot, and ¼ turn pivot to right taking weight onto right.

7 & 8 Cross shuffle left over right, step onto right, cross left foot over right.

Start again.

TAG: 4 Count Tag - end of walls 2, 6, wall 9 after 16 counts.

- 1 - 4-** Step Right, Touch Left beside Right, Step Left, Touch Right beside Left. (add a little body roll movement for styling - music makes you wanna).
- 1 - 2** Step right foot to right side, touch left beside right.
- 3 - 4** Step left foot to left side, touch right beside left.

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