

Hands On My Body

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Count: 24

Wall: 4

Level: Improver

Choreographer: Brandi Hughes - Dance In Line - February 2019

Music: "Hands On My Body" by Mariya Stokes

Intro: 8 Counts

Sec. 1: Weave, ¼ Turn, Touch, Rock, Recover, Lock Step

- 1-2** Step Right to right side (1), Cross Left behind Right (2)
- &3&4** Step Right to right side (&), Cross Left in front of right (3), Step Right back making ¼ turn left (9:00(&), Tap Left toe forward (4)
- 5-6** Step down on Left (5), Recover weight back on Right (6)
- 7&8** Step Left forward (7), Lock Right up behind left (&), Step Left forward (8)

Sec. 2: Sweep, Pop, Sweep, Pop, Cross, Side Rock, Recover, Cross, ¼ Turn, Step

- 1-2** Sweep Right around to left (1), Step Right down next to left popping Left knee (2)
- 3-4** Sweep Left foot around to right (3), Step Left down next to right popping Right knee (4)
- 5&6** Cross Right over left (5), Step Left to left side (&), Recover weight on Right (6)
- 7&8** Cross Left over right (7), Step Right back making ¼ turn left (6:00)(&), Step Left to left side (8)

Sec. 3: Syncopated Rocking Chair, Press, Sweep, Sailor ¼ Turn, Rock, Recover, Step/Drag

- 1&2&** Step Right forward (1), Recover weight on Left (&), Step Right back (2), Recover weight on Left (&)
- 3-4** Press Right toe forward (3), Recover weight back on Left sweeping Right foot CW (4)
- 5&6** Cross Right behind left (5), Step Left to left side making ¼ turn right (9:00)(&), Step Right to right side (6)
- 7&8** Step Left forward (7), Recover weight back on Right (&), Step Left back dragging Right Heel back beside left (8)

Happy Dancing!

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