

# One Shot at a Time

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Magali CHABRET - October 2018

**Music:** One Shot (Hunter Hayes) - [CD : One Shot, August, 2018] 120 bpm

## #16 counts intro (11s)

### S1 - HEEL SWITCHES, POINT, TOUCH, POINT, SAILOR ¼ TURN R, BALL STEP, STOMP, STOMP

- 1&            Touch right heel forward – step Rf beside Lf
- 2&            Touch left heel forward – step Lf beside Rf
- 3&4          Point right toe to right side – touch Rf beside Lf – point right toe to right side
- 5&6          Step ball of Rf behind Lf – turn 1/4 right stepping Lf slightly beside Rf – step Rf forward (3:00)
- &7            Step ball of Lf next to Rf – step Rf forward
- &8            Stomp Lf next to Rf – stomp Rf in place

### S2 - TAP, TAP, STEP, TAP, TAP, STEP, CROSS, ¼ L, L CHASSE

- 1&2          Tap left toe slightly on left diagonal – tap left toe a little further – step Lf diagonally forward left
- 3&4          Tap right toe slightly on right diagonal – tap right toe a little further – step Rf diagonally forward right
- 5-6          Cross Lf over Rf – turn 1/4 left stepping back on Rf (12:00)
- 7&8          Step Lf to left side – close Rf next to Lf – step Lf to left side

### \* Restart here, wall 4

### S3 - STEP FWD, CLAP, STEP FWD, CLAP, TRIPLE FWD, STEP, TOUCH, BACK, TRIPLE ½ TURN L

- 1&2&        Step Rf forward – clap hands – step Lf forward – clap hands
- 3&4          Step Rf forward – step Lf beside Rf – step Rf forward
- 5&6          Step Lf forward – touch right toe behind left heel – step back on Rf

**7&8** Turn 1/4 left stepping Lf to side – close Rf beside Lf - turn 1/4 left stepping Lf forward (6:00)

**S4 - ¼ L, DRAG, KICK BALL CROSS, L SIDE ROCK, CLOSE, R SIDE ROCK**

**1-2** Turn 1/4 left with a long step Rf to right side – drag Lf towards Rf and touch Lf beside Rf (3:00)

**3&4** Kick Lf diagonally forward left – step ball of Lf beside Rf – cross Rf over Lf

**5-6** Rock Lf to left side – recover onto Rf

**&7-8** Step Lf next to Rf – Rock Rf to right side – recover onto Lf

**Restart : wall 4, dance 16 counts, then restart the dance facing 9:00**

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr -  
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**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.**