

# Make No Promises

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** José miguel Belloque Vane (NL) & Jef Camps (BE) - August 2018

**Music:** "Promises" by Calvin Harris ft. Sam Smith

**(intro: 64 counts)**

**S1: CROSS, TOE SWITCHES, ROLLING VINE, CROSS SAMBA**

**1-2&3RF cross over LF, LF touch side, LF close next to RF, RF touch side**

**4-5-6 $\frac{1}{4}$  turn R & put weight on RF,  $\frac{1}{2}$  turn R & LF step back,  $\frac{1}{4}$  turn R & RF step side (12:00)**

**7&8LF cross over RF, RF step side, LF step side & angle body to L-diagonal**

**S2: CROSS,  $\frac{1}{2}$  HINGE TURN, DIAG. STEP-LOCK-STEP, HOLD, BALL, STEP, BRUSH, 1/8 HITCH**

**1-2-3RF cross over LF,  $\frac{1}{4}$  turn R & LF step back,  $\frac{1}{4}$  turn R & RF step side (6:00)**

**4&5-6 $\frac{1}{8}$  turn R & LF step forward, RF lock behind LF, LF step forward, hold (7:30)**

**&7-8RF close next to LF, LF step forward, RF brush next to RF while turning 1/8 L on LF (6:00)**

**S3: CROSS,  $\frac{1}{4}$  BACK, STEP-LOCK-STEP BWD, ROCK BACK/RECOVER, SHUFFLE  $\frac{1}{2}$  TURN**

**1-2RF cross over LF,  $\frac{1}{4}$  turn R & LF step back (9:00)**

**3&4RF step back, LF lock in front of RF, RF step back**

**5-6LF rock back, recover on RF**

**7&8 $\frac{1}{4}$  turn R & LF step side, RF close next to LF,  $\frac{1}{4}$  turn R & LF step back (3:00)**

**S4: ROCK BACK/RECOVER, FULL TURN,  $\frac{1}{4}$  SIDE, HOLD, BALL, SIDE, TOUCH**

**1-2RF rock back, recover on LF**

**3-4 $\frac{1}{2}$  turn L & RF step back,  $\frac{1}{2}$  turn L & LF step forward (3:00)**

**5-6 $\frac{1}{4}$  turn L & RF step side, hold (12:00)**

**&7-8LF close next to RF, RF big step side, LF touch next to RF**

**S5: STEP, ½ BACK, COASTER STEP, STEP, ½ BACK, SHUFFLE ½ TURN**

**1-2LF step forward, ½ turn L & RF step back (6:00)**

**3&4LF step back, RF close next to LF, LF step forward**

**5-6RF step forward, ½ turn R & LF step back (12:00)**

**7&8¼ turn R & RF step side, LF close next to RF, ¼ turn R & RF step forward (6:00)**

**S6: PRESS, RECOVER/SWEEP, BACK/SWEEP, SAILOR, STOMP, HEEL SWIVELS WITH ¼ TURN**

**1-2-3LF press forward, recover on RF & sweep LF back, LF step back & sweep RF back**

**4&5RF cross behind LF, LF step side, RF stomp into R diagonal**

**6-7-8** Swivel both heels to R, swivel both heels to L, swivel both heels to R while turning ¼ L  
(3:00)

**S7: HEEL GRIND, BALL, CROSS, SIDE, SAILOR STEP, BEHIND, ¼ STEP FWD**

**1-2&R-Heel cross over LF, RF twist toes to R while stepping LF side, RF close next to LF**

**3-4LF cross over RF, RF step side**

**5&6LF cross behind RF, RF step side, LF step side**

**7-8RF cross behind LF, ¼ turn L & LF step forward (12:00)**

**S8: V-STEP ON HEELS, KICK-BALL-STEP, STOMP, BOUNCING ½ TURN**

**1&2&RF step heel into R diagonal, LF step heel into L diagonal, RF step back, LF close next to RF**

**3&4RF kick forward, RF close next to LF, LF step forward**

**5-6RF stomp forward, bounce ¼ turn L on heels (9:00)**

**7-8** Bounce 1/8 turn L on heels, bounce 1/8 turn L on heels (6:00)

**Start again, and have fun!**

**Tag: 16 count tag after 1st wall (6:00) & 3rd wall (12:00)**

**CROSS, SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND,  $\frac{1}{4}$  STEP FWD**

**1-2-3-4RF cross over LF, LF sweep forward, LF cross over RF, RF step side**

**5-6-7-8LF cross behind RF, RF sweep back, RF cross behind LF,  $\frac{1}{4}$  turn L & LF step forward**

**STEP,  $\frac{1}{2}$  PIVOT,  $\frac{1}{2}$  SHUFFLE,  $\frac{1}{2}$  FWD, PADDLES  $\frac{3}{4}$  TURN**

**1-2RF step forward,  $\frac{1}{2}$  turn L putting weight on LF**

**3&4 $\frac{1}{2}$  turn L & RF step back, LF close next to RF, RF step back**

**5-6 $\frac{1}{2}$  turn L & LF step forward,  $\frac{1}{4}$  turn L on LF & RF touch side**

**7-8 $\frac{1}{4}$  turn L on LF & RF touch side,  $\frac{1}{4}$  turn L on LF & RF touch side**

**Ending: first 8 counts of facing the back and add following steps to finish the front**

**1-2-3-4 $\frac{1}{4}$  turn L RF step side and push R-hand forward and start raising it (over 4 counts)**

**5-6-7-8 Push L hand forward and start raising it (over 4 counts)**

**And slowly pull both hands in towards chest**