

# Lost In The Middle

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Helen Parkyn (H.R.D.W.) August 2018

**Music:** Lost in The Middle by Catherine McGrath

**Count in - 16 counts from very start of her singing.**

**RIGHT WEAVE (facing front), DIAGONAL SHUFFLE, MAMBO ROCK 1/2 TURN, DIAGONAL SHUFFLE**

**1&2& -step right to side, cross left behind, step right to side, step left across front of right**

**3&4 -towards right corner step forward right, close left beside, step forward right**

**5&6 -rock forward left (towards right corner), recover back on right, turn 1/2 left stepping forward left**

**7&8 -step forward right, close left beside, step forward right**

**LEFT WEAVE (facing back), DIAGONAL SHUFFLE, MAMBO ROCK 1/2 TURN, DIAGONAL SHUFFLE**

**1&2& -step left to side, cross right behind, step left to side, step right across front of left**

**3&4 -towards left corner step forward left, close right beside, step forward left**

**5&6 -rock forward right (towards left corner), recover back on left, turn 1/2 right stepping forward right**

**7&8 -step forward left, close right beside, step forward left**

**VAUDEVILLE RIGHT AND LEFT**

**1&2& -cross right over front of left, step left to side, touch right heel forward to right diagonal, bring right foot back beside left**

**3&4& -cross left over front of right, step right to side, touch left heel forward to left diagonal, bring left back beside right**

**HEEL & TOES SWITCHES WITH 1/4 TURN LEFT**

**1&2& -touch right heel forward, close right beside left, touch left toe backwards with 1/4 turn left, close left beside right**

**3&4& -touch right toe backwards, close beside left, touch left heel forward, close left beside right**

### **VAUDEVILLE RIGHT AND LEFT**

**1&2& -cross right over front of left, step left to side, touch right heel forward to right diagonal, bring right foot back beside left**

**3&4& -cross left over front of right, step right to side, touch left heel forward to left diagonal, bring left foot back beside right**

### **HEEL & TOES SWITCHES WITH 1/4 TURN LEFT**

**1&2& -touch right heel forward, close right beside left, touch left toe backwards with 1/4 turn left, close left beside right**

**3&4& -touch right toe backwards, close beside left, touch left heel forward, close left beside right.**

**Start again and have fun**

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