

# Light a Candle

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**Count:** 64      **Wall:** 2      **Level:** Phrased Advanced

**Choreographer:** Fred Whitehouse & Shane McKeever - August 2018

**Music:** Losing Sleep by Chris Young

## Count-in: 36 Count Intro

**Sequence - A,B,A\*,A,B,B\*,B,B\*,Ending**

### Section A: 24 counts

**A[1-8] Step Sweep L, Press, Heel Swivel, Kick, Together, Side Rock R, Recover, Together, Side Rock L, Recover, Step Forward**

- 1,2**      Step Rf Fwd Sweeping Lf from Back to Front, Press Lf Fwd
- 3&4**      Swivel L Heel to L, Bring L Heel back to Centre, Kick Lf Fwd, Transferring weight back to Rf
- &5,6**      Step Lf next to Rf, Rock Rf to R Side, Recover on to Lf
- &7&8**      Step Rf next to Lf, Rock Lf to L Side, Recover on to Rf, Step Lf Fwd

### **A[9-16] Step Glide ½ Turn L, ½ Turn L, ½ Turn L, Grapevine R, Flick R, Rock R Forward**

- 1,2**      Step R f Fwd, Pivot ½ Turn L, placing weight on to Lf (Moonwalk Glides, Push off Rf gliding back on to Lf)
- 3,4½ Turn L Stepping RF back, ½ Turn L Stepping Lf Fwd**

### **(\*Restart here during 2nd A pattern)**

- 5,6&**      Step Rf to R Side, Cross Lf behind Rf, Step Rf to R Side
- 7&8**      Cross Lf in front of Rf, Flick R Heel Up, Rock Rf Fwd

### **A[17-24] Recover Sweeping Rf, Behind, Side, Heel and Cross, Step R to R Side, Hold, 1 ¼ Turn L**

- 1,2**      Recover weight on to Lf Sweeping Rf from Front to Back, Cross Rf behind Lf
- &3&4**      Step Lf to L Side, R Heel to R Side, close Rf next to Lf, Cross Lf in front of Rf
- 5,6**      Step Rf to R Side, Hold (Prepping Body to R)

**7&8¼ Turn L Stepping Lf Fwd, ½ Turn L Stepping Rf Back, ½ Turn L Stepping Lf Fwd**

**Note: When dancing A into B you Start B with ½ Turn L, however when dancing B into B you Start B with ¼ Turn L**

**Section B: 40 counts**

**B[1-8] ½ Turn L, Body Roll, ¼ Turn R Step Together, Step Rf to R Side with Slight L Leg Lift, Cross, Step Touch Together x2, Step Rf Forward to Diagonal, Step Lf Fwd Hitching R Knee, Step Back Sweeping L**

**1,2½ turn L touching RF back, body roll back placing weight on RF**

**&3,4** Step LF back, ¼ turn R stepping RF to R side as you lift L knee, cross LF over R

**&5&6** Step RF to R side, touch LF next to R, step LF to L side, touch RF next to R

**&7&8 1/8 turn R stepping RF to R diagonal, step LF Fwd hitching R knee, step RF back sweeping LF from front to back**

**B[9-16] Sweep x2, Weave, ¾ Curve walk, Boogie walks x3**

**1,2** Step LF back sweeping RF from front to back, step RF back sweeping LF from front to back

**3&4** Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R

**5&6¾ turn R curve R,L,R**

**7&8** Walk Fwd L,R,L (boogie walks)

**(\*Restart here during 3rd B pattern)**

**B[17-24] Rock, Recover ¼ turn L, ¼ turn R with a Kick, Cross LF over R, Point, ½ turn L point, ½ turn L point, Kick diagonal**

**1,2** Rock RF Fwd, ¼ turn L stepping LF to L side

**3,4¾ turn R placing weight on RF as you kick LF Fwd, cross LF over R**

**5,6** Point RF to R side, ½ turn L point RF to R side, (click both fingers when you point)

**7,8½ turn L point RF to R side (Raise R hand up making a stop sign when you point RF) 1/8 turn L kicking RF to L diagonal**

**B[25-32] Ball step fwd L, Step fwd R, Rock fwd, Rock side, Lock unwind 7/8 turn L, out, out & cross**

**&1,2** Close RF next to L, step LF Fwd diagonal, step Rf Fwd diagonal

**3&4&** Rock LF Fwd, recover, rock LF to L side, recover

**5,6** Touch LF behind R, unwind 7/8 L finish with weight on LF (hug yourself as you unwind)

**&7&8** Step RF out, step LF out, step RF in, cross LF over R

**(\*Add ending here during last B pattern, First 10 counts of section A)**

**B[33-40] Side Rock recover, Ball Rock recover, step fwd, R mambo, step back with a sweep, ½ turn sailor L**

**1,2&** Rock RF to R side, recover weight onto L, ½ turn R stepping R to R side

**3&4½ turn R Rock LF to L side, recover weight onto R, cross LF over R**

**5&6** Step RF back diagonal, step LF to L side, cross RF over L

**&7&** Step LF back diagonal, step RF to R side, cross LF over R,

**8&¼ turn L stepping RF back, ¼ turn L stepping LF Fwd**

**\*Ending - You dance the first 10 counts of section A.**

**On count 9 raise R hand up as you glide LF back slowly bring R hand down (turn lights down low) do not make the ½ turn L.**

**Last Update - 12th Sept. 2018**