

Lay Back and Let It Ride

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Count: 64 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Julia Radtke - August 2018

Music: "It Feels Good." by Drake White (BPM 124)

Phrased: ABA*ABAABBA, (Counter) Clockwise,

Part A: 32 counts

A: Side, Hold, Together, Side Triple Step, Cross Rock, Side Triple Step with ¼ Turn

- 1-2** Right Step to right - Hold
- 3&4** Right to right side- Close Left beside Right - Step Right to right Side
- 5-6** Cross Left over Right - Revolver in Right
- 7&8** Step Left to left - Close Right beside left - Step left to left side

A: Heel Grind ¼ Turn, Coaster Step, Rock Step, Triple ¼ Turn

- 9-10** Right Heel Forward - Turn ¼ right
- 11&12** Step Right Back - Step left next to right - Step Right forward
- 13-14** Step Left forward - Recover on Right
- 15&16** Turn ¼ Left, Step Left to Left - Close Right beside Left - Step Left to left side

A: Cross, Side, Sailor Step ,Cross, Side, Sailor Step

- 17-18** Cross Right over Left - Step Left to Left Side
- 19&20** Cross Right behind left - Step left to left side - step right to right side
- 21-22** Cross left over right - step right to right side
- 23&24** Cross left behind right - Step right to right side- step left to left side

A: Toe Switches Forward- Toe Switches Side,Sailor Step, Point Back, ½ Turn with Hitch

- 25&** Point right toe forward - Close right beside left
- 26&** Point left toe forward - Close left beside right
- 27&** Point right toe to right side - close right beside left
- 28** Point left toe to the side
- 29&30** Cross left behind right- Step right to right side - Step left to left side nach re

- 31 Point right toe back
32 Turn ½ right, lift right Knee up

Part B: 32 counts

B: Side with Hip roll, Touch, Side with Hip Roll, Touch, Slide, Together, Twist Turn

- 1-2 Step right to right, roll hip from left to right - Touch left beside right
3-4 Step left to left side - roll hip from right to left - Touch right beside left
5-6 Step right to right side
&7 Close left beside right - Cross Right over left
8 Turn ½ left, weight on left

B: Slide Diagonal right fwd., Touch, Slide Diagonal left fwd., Touch , Step ½ Turn, Pivot Turn

- 9-10 Step right diagonal right forward - Touch left beside right
11-12 Step left diagonal left forward - Touch right beside left
13-14 Step right forward - Turn ½ left, weight on left
15-16 Turn ½ left, step right back - turn ½ left, step left forward

B: Toe Strut, Toe Strut, Rock Step, Coaster Step

- 17-18 Touch right Toe forward - Put Weight on right
19-20 Touch left toe forward - Put weight on left
21-22 Step right forward - Recover on left
23&24 Step right back - Close left beside right - Step Right forward

B: Out, Out, Double Heel Bounce, In, In, Step fwd., Swivel

- 25-26 Step left to left side - Step right to right Side
&27&28 Push both Knees forward and back - Push both Knees forward and back
29-30 Step right to the middle - Close left beside right
31&32 Step right forward - Swivel both Heels forward - Swivel both Heels back

Part A*: 16 counts

A*: Side, Hold, Together, Side Triple Step, Cross Rock, Side Triple Step with ¼ Turn

- 1-2 Right Step to right - Hold

3&4 Right to right side- Close Left beside Right – Step Right to right Side

5-6 Cross Left over Right – Recover in Right

7&8 Step Left to left – Close Right beside left – Step left to left side

A*: Heel Grind ¼ Turn, Coaster Step, Rock Step, Coaster Step

9-10 Right Heel Forward – Turn ¼ right

11&12 Step Right Back – Step left next to right – Step Right forward

13-14 Step Left forward – Recover on Right

15&16 Step Left back – Close left beside right – Step Left forward

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