

# I Lived It

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Tracy Pywell - 'For Mum' (August 2018)

**Music:** "I Lived It" by Blake Shelton. Album: "Texoma Shore"

**INTRO: 16 Beats (start of Lyrics) ORIGINAL POSITION: Feet together with weight on left foot**

**This dance was written for my mother.**

**S1: BACK, ROCK, ½ BACK, ½ TOG, SIDE, BEHIND-SIDE-CROSS, ROCK, ¼ FWD, ½ BACK, ½ HITCH**

- 1 2      Step R back, Rock/Recover forward onto L
- 3&      Turn 180° left step R back, Turn 180° left step L together (12.00)
- 4      Step R to right side
- 5&6      Step L behind right, Step R to the right, Step L across in front of right
- 7&      Rock back onto R, Turn 90° left step L forward (9.00)
- 8&      Turn 180° left step R back, Hitch L turning 180° left (9.00)

**S2: SHUFFLE, BACK COASTER, BACK, DOUBLE ROLL BACK, ¼ SIDE**

- 1&2      Shuffle forward: L R L
- 3&4      Step R back, Step L beside right, Step R forward
- 5&      Step L back, Turn 180° right step R forward (3.00)
- 6&      Turn 180° right step L back, Turn 180° right step R forward (3.00)
- 7      Turn 180° right step L back (9.00)
- 8      Turn 90° right step R to right side (12.00)

**S3: BACK- ROCK-SIDE, BACK- ROCK-FORWARD, QUICK PIVOT- FORWARD, CROSS-SIDE-BEHIND**

- 1&2      Step L back, Rock/Recover onto R, Step L to left side

- 3&4** Step R back, Rock/Recover onto L, Step R forward
- 5&6** Step L forward, Turn 180° right take weight onto R, Step L forward (6.00)
- 7&8** Cross R over left, Step L to left, Step R behind left

**S4: SWEEP, SWEEP, BEHIND-¼ FWD- FWD, FWD, TOUCH & CLICK, FWD, TOUCH & CLICK**

- 1 2** Sweep to step L back, Sweep to step R back
- 3&4** Step L behind right, Turn 90° right step R forward, Step L forward (9.00)
- 5 6** Step R forward, Touch L toe beside right & Click
- 7 8** Step L forward, Touch R toe beside left & Click

**TAG: At the end of Wall 1 (9.00) & Wall 4 (12.00) add the following:**

**SIDE-ROCK-TOGETHER, SIDE-ROCK-TOGETHER**

- 1 2&** Step R to right, Side Rock/Recover onto L, Step R beside left
- 3 4&** Step L to left, Side Rock/Recover onto R, Step L beside right

**ENDING: Step R to the right side, Drag L towards right**

**Please feel free to copy this sheet provided that no changes are made to the original script.**

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