

Familiar Thoughts

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Count: 48

Wall: 2

Level: Improver

Choreographer: Aimee Robinson and Jordan Probbitts - August 2018

Music: For Now by Pink (164 bpm [3:36min])

Start after 48 counts

(Start on second set on vocals "Ain't it something ...")

Section 1: R spiral, cross R over L, sweep L around

1-2-3 Cross left over right, step right to right side, step left next to right

4-5-6 Cross right over left, sweep left toe around for counts 5 & 6 (12 o'clock)

Section 2: Cross L over R, R to R side, cross L behind R, R to R side, sweep L across R

1-2-3 Cross left over right, right to right side, cross left behind right

4-5-6 Step right to right side, sweep left across right for counts 5 & 6 (12 o'clock)

Section 3: Cross L over R, step R back, L to L side, cross R over L, hitch ¼ turn R

1-2-3 Cross left over right, step right back, step left to left side

4-5-6 Cross right over left, make a ¼ turn over right shoulder by hitching the left leg up and swinging round for counts 5 & 6 (3 o'clock)

Section 4: Cross L over R, R to R side, cross L behind R, big step R, drag L towards R

1-2-3 Cross left over right, step right to right side, cross left behind right

4-5-6 Make a big step to right side, drag left towards right for counts 5 & 6 (3 o'clock)

Section 5: Big step L, drag R towards L, step R forward, kick L forward twice

1-2-3 Make a big step to left side, drag right towards left for counts 2 & 3

4-5-6 Step right forward, kick left forward twice (3 o'clock)

Section 6: Step L back, R back, ½ turn forward L, step R forward, kick L forward twice

1-2-3 Step left back, step right back, make $\frac{1}{2}$ turn over left shoulder stepping forward left

4-5-6 Step right forward, kick left forward twice (9 o'clock)

Section 7: Step L back, drag R towards L, Step R back, drag L towards R

1-2-3 Step left back, drag right towards left for counts 2 & 3

4-5-6 Step right back, drag left towards right for counts 5 & 6 (9 o'clock)

Section 8: $\frac{1}{4}$ turn forward L, point R to R side, step R back point L to L side

1-2-3 Make a $\frac{1}{4}$ turn over left shoulder stepping left forward, point right to right side, hold for counts 2 & 3

4-5-6 Step right back, point left to left side, hold for counts 5 & 6 (6 o'clock)

Ending: Finishes facing the 6 o'clock wall, you've danced the whole dance and instead of starting again cross the left over right and point right to right side as she says 'for now'

Any questions please contact either Aimee Robinson or Jordan Probbitts on:

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