

# Dose of Country

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**Count:** 48

**Wall:** 2

**Level:** Intermediate ECS

**Choreographer:** Magali CHABRET - August 2018

**Music:** Dose Of Country (Dean Brody) - [Single : Dose Of Country, May, 2018]134 bpm

## #16 counts intro

### S1 - L CHASSE, BACK ROCK, 1/8 R, TRIPLE FWD, CROSS, UNWIND ½ R WITH SWEEP

- 1&2** Step Lf to side - step Rf beside Lf - step Lf to side
- 3 - 4** Rock back on Rf - recover onto Lf
- 5&6** Turn 1/8 right stepping Rf forward (1:30) - step Lf beside Rf - step Rf forward (1:30)
- 7 - 8** Cross Lf over Rf - unwind 1/2 turn right and sweep Rf from front to back (7:30)

### S2 - R SAILOR, L SAILOR, FWD ROCK, BACK KICK BALL STEP

- 1&2** Step ball of Rf behind Lf - step Lf to side - step Rf to side
- 3&4** Step ball of Lf behind Rf - step Rf to side - step Lf to side
- 5 - 6** Rock Rf forward - recover onto Lf
- 7&8** Kick Rf back - step ball of Rf beside Lf - step Lf forward (7:30)

### S3 - JAZZ BOX 5/8 R, KICK BALL CROSS TWICE

- 1 - 2** Cross Rf over Lf - turn 1/4 right stepping back on Lf (10:30)
- 3 - 4** Turn 1/4 right stepping Rf to side - turn 1/8 right stepping Lf crossed in front of Rf (3:00)
- 5&6** Kick Rf diagonally right - step ball of Rf beside Lf - cross Lf over Rf
- 7&8** Kick Rf diagonally right - step ball of Rf beside Lf - cross Lf over Rf

### S4 - R CHASSE, BACK ROCK, TRIPLE ¼ R, TRIPLE ½ R

- 1&2** Step Rf to side - step Lf beside Rf - step Rf to side
- 3 - 4** Rock back on Lf - recover onto Rf
- 5&6** Step Lf to side - step Rf beside Lf - turn 1/4 right stepping back on Lf (6:00)
- 7&8** Turn 1/4 right stepping Rf to side - step Lf beside Rf - turn 1/4 right stepping Rf forward (12:00) \* Restart, Tag \*

### **S5 - STEP, TOUCH, BACK, HEEL BALL STEP, TRIPLE FWD, PIVOT ½ L**

- 1 - 2** Step Lf forward - touch right toes behind Lf
- &3&4** Step Rf slightly back - touch left heel forward - step ball of Lf next to Rf - step Rf forward
- 5&6** Step Lf forward - step Rf beside Lf - step Lf forward
- 7 - 8** Step Rf forward - pivot 1/2 turn left (6:00)

### **S6 - TRIPLE FWD, KICK BALL POINT, CROSS TRIPLE, SIDE, BEHIND**

- 1&2** Step Rf forward - step Lf beside Rf - step Rf forward
- 3&4** Kick Lf forward - step ball of Lf beside Rf - point right toes to right side
- 5&6** Cross Rf over Lf - step Lf to side - cross Rf over Lf
- 7 - 8** Step Lf to side - step Rf behind Lf

**Restart : during wall 3 and wall 6, after 32 counts, facing 12:00**

**Tag & Restart : wall 7, dance 32 counts, add these 4 counts of tag, then restart facing (12:00) :**

- 1-4** Stomp Lf to side - swivel right heel to left - swivel right toes to left - stomp Rf next to Lf

**« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr) - [www.galichabret.com](http://www.galichabret.com)**

**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.**