

# Down On My Knees

LINEDANCE.COM

**Count:** 32

**Wall:** —

**Level:** —

**Choreographer:** Cathy Montgomery

**Music:** Desperate Man by Eric Church

**Start dance 40 counts when the lyrics start if using the video version, if using the audio version it's 24 counts.**

**[1-8] -- Right Kick and Point, Left Kick and Point, Right Sailor Left Sailor with a ¼ turn left.**

- 1 & 2** Kick the right foot forward, quickly step onto right foot, and point left toe to left side.
- 3 & 4** Kick the left foot forward, quickly step onto left foot, and point right toe to right side.
- 5 & 6** Sailor Step Right.
- 7 & 8** Sailor Step Left while making a ¼ turn to the left.

**[9 -16] - Vaudeville Steps, Right and Left, Heel Switches, Right and Left, Left Right foot forward, ¼ turn left.**

- 1& 2** Step Right foot across Left, quickly step back onto your left foot & touch your right heel to right angle.
- &3 & 4** Quickly step onto Right foot, cross your left foot across your right, quickly step back onto your right foot, and touch your left heel to left angle.
- &5 & 6** Quickly step onto your left foot, touch right heel forward, quickly step onto right foot and touch your left heel forward.
- &7 - 8** Quickly step onto your left foot, step your right foot forward, and make ¼ turn left taking weight onto your left foot.

**Restart dance here on the 3rd wall.**

**[17-24] - Sailor ½ turn left, Left behind and Heel, And Cross Hold, and Cross and Cross.**

**1 & 2** step your right foot behind left, make a ¼ turn taking weight onto left, make a ¼ left stepping right foot to right side.

- 3 & 4** Step your left foot behind right, quickly step onto right and touch your left heel to left angle.
- &5 - 6** Quickly step onto left foot, cross right over left and hold.

**&7 & 8** Quickly step onto left foot, cross right over left, quickly step onto left foot and cross right over left.

**[25-32] - Rock Left Side, Behind and Cross, Hip bumps while making 2 1/8's of a turn left. (c bumps), fingers snap are optional.**

**1 - 2** Rock left foot to left side, recover onto right.

**3 & 4** Step left behind right, quickly step onto right and cross left over right.

**5 & 6** While touching your right toe, bump your hip up, bump your hip down while making an 1/8 of a turn.

**7 & 8** While touching your right toe, bump your hip up, while making an 1/8 of a turn, and count 8 take your weight onto the left foot.

**Option with the turn is to snap your right fingers, up and down with the hips.**

**Start again.**

**Contact: [cathy.montgomery@millennium1solutions.com](mailto:cathy.montgomery@millennium1solutions.com)**

**Last Update - 6th Oct. 2018**