

Another Life

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Count: 48

Wall: 2

Level: Intermediate

Choreographer: Vivienne Scott (CAN) & Kim Ray (UK) September 2018

Music: If You Met Me First by Eric Ethridge (album : Eric Ethridge on iTunes & Amazon) 145 bpm

Intro: 16 counts on the lyrics

S1: NC BASIC RIGHT, SIDE, COASTER STEP, SCISSOR STEP, ½ TURN LEFT

1-2& Large step right to right side, rock back on left behind right, recover on right

3 Large step left to left side

4&5 Step back on right, step left beside right, step forward on right

6&7 Step left to left side, step right beside left, cross step left over right

8&¼ turn left stepping back on right, ¼ left stepping left to left side (6:00)

S2: CROSS ROCK/RECOVER, & CROSS, & BEHIND, & CROSS ROCK/RECOVER, & CROSS, 1/2 RUMBA BOX FORWARD

1-2& Cross rock right over left, recover on left, step right to right side

3&4 Cross step left over right, step right to right side, cross left behind right

&5-6 Step right to right side, cross rock left over right, recover back on right

&7 Step left slightly back, cross right over left

8&1 Step left to left side, step right next to left, step forward on left (6:00)

S3: MAMBO FORWARD, STEP BACK, ½ TURN RIGHT, FORWARD, STEP, PIVOT ½ TURN RIGHT, STEP, FULL TURN RIGHT

2&3 Step forward on right, recover back on left, step back on right

4&5 Step back on left, ½ turn right stepping forward on right, step forward on left (12:00)

6&7 Step forward on right, pivot ½ turn left, step forward on right (6:00)

8&½ turn right stepping back on left, ½ turn right stepping forward on right (6:00)

***8& (Easier Alt: Small steps forward left, right)**

S4: ½ TURN SWEEP, BEHIND, 1/8 DIAGONAL SIDE, FORWARD, 3/8 DIAMOND FALLAWAY LEFT, CROSS ROCK/RECOVER, & CROSS

1½ turn right stepping back on left sweeping right from front to back (12:00)

2&3 Step right behind left, making 1/8 turn left step left to left side, step forward on right. (10:30)

4&5 Step forward on left, 1/8 turn left stepping right to right side (9:00), 1/8 turn left stepping back on left (7:30)

6& Step back on right, 1/8 turn left stepping left to left side (6:00),

7&8& Cross rock right over left, recover back on left, step right to right side, cross step left over right (6:00)

RESTART HERE WALL 3 FACING 12:00

S5: NC BASIC RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT, CROSS, NC BASIC RIGHT, ¼ TURN LEFT, STEP, PIVOT ¼ TURN LEFT, CROSS

1-2& Step right to right side, rock back on left, recover on right

3¼ turn right stepping back on left (9:00)

4&¼ turn right stepping right to right side, cross step left over right (12:00) RESTART HERE WALL 2 FACING 6:00

5-6& Step right to right side, rock back on left, recover on right

7¼ turn left stepping forward on left (9:00)

8&1 Step forward on right, pivot ¼ turn left, cross step right over left (4:30)

S6: RUNS FORWARD x 3, CHASE ½ TURN LEFT, CHASE ½ TURN RIGHT, STEP, CROSS STEP UNWINDING ¾ TURN LEFT

2&3 Run forward left, right, left (4:30)

4&5 Step forward on right, ½ pivot turn left, step forward on right (10:30)

6&7 Step forward on left, ½ pivot turn right, step forward on left (4:30)

8& Cross step right over left, unwind ¾ turn left weight on left (7:30)

***8& (Easier Alt: Cross Rock/Recover)**

(1) To start the dance again, make a further 1/8 turn left stepping right to right side to start again (6:00)

Ending: Step forward on count 7 of S6 to face front and pose.

Contact Information:

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