

# You Ain't Gonna Be Lonely Long

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Brandi Hughes - Dance In Line - January 2019

**Music:** Sons of Daughters - Ain't Gonna Be Lonely Long

## Intro: 16 Counts

### Sec. 1: Weave, Rock/Recover, Side Shuffle ¼ Turn

- 1-2&** Step Right to right side (1), Cross Left behind right (2), Step Right to right side (&)
- 3-4** Cross Left in front of right (3), Step Right to right side (4)
- 5-6** Step Left back (5), Recover weight forward on Right (6)
- 7&8** Step Left to left side (7), Step Right beside left (&), Step Left forward making ¼ turn left (9:00)(8)

### Sec. 2: Cross Rock/ Recover, Side Shuffle, Toe Grind, Kick, Coaster Step

- 1-2** Cross Right over left (1), Recover weight back on Left (2)
- 3&4** Step Right to right side (3), Step Left beside right (&), Step Right to right side (4)
- 5&6** Touch Left toe forward turning the heel out to the left (5), Turn Left heel to the Right (&), Kick Left forward (6)
- 7&8** Step Left back (7), Step Right back beside left (&), Step Left forward (8)

### \*Restart Here on Wall 3\*

### Sec. 3: ½ Pivot, Lock Step Forward, Point, Touch, Syncopated Point Touches

- 1-2** Step Right forward (1), Make ½ turn left taking weight on left (3:00)(2)
- 3&4** Step Right forward (3), Lock Left up behind right (&), Step Right forward (4)
- 5-6** Point Left to left side (5), Touch Left beside right (6)
- 7&8** Point Left to left side (7), Touch Left beside right (&), Point Left to left side (8)

### Sec. 4: ¼ Turning Hip Roll, Kick, Lock Step Back, Rhumba Box

- 1-2** Roll Hips CCW making ¼ turn Left (12:00) keeping weight on Right (1), Kick Left forward (2)
- 3&4** Step Left back (3), Lock Right in front of left (&), Step Left back (4)
- 5&6** Step Right to right side (5), Step Left beside right (&), Step Right forward (6)
- 7&8** Step Left to left side (7), Step Right beside left (&), Step Left back (8)

**\*\*Restart Here on Wall 7\*\***

**Sec. 5: Body Roll, Point (x2), ¼ Turning Sailor, ½ Turning Sailor**

- 1-2** Rolling body from Head downward step Right to right side (1), Point Left to left side (2)
- 3-4** Rolling body from Head downwards step Left to left side (3), Point Right to right side (4)
- 5&6** Cross Right behind left (5), Step Left to left side making ¼ right (3:00)(&), Step Right to right side (anchor well)(6)
- 7&8** Cross Left behind right (7), Step Right to right side making ¼ turn left (&), Step Left to left side making ¼ turn left (9:00)(8)

**Sec. 6: Rock/Recover, Coaster Step, Heels Jacks**

- 1-2** Step Right forward (1), Recover weight back on Left (2)
- 3&4** Step Right back (3), Step Left back beside right (&), Step Right forward (4)
- 5&6&** Cross Left over right (5), Step Right back (&), Tap Left heel forward (6), Step Left beside right (&)
- 7&8** Cross Right over Left (7), Step Left back (&), Tap Right heel forward (8)

**Happy Dancing!**

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