

Man of Constant Sorrow

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Count: 40 **Wall:** 2 **Level:** Improver

Choreographer: Karolina Ullentav (December 2018)

Music: Miley Cyrus - "Man Of Constant Sorrow" (length 2:58)

Tag 1 (16 counts) after wall 2, 4 and 7

Tag 2 (8 counts) after wall 5

Tag 1 occurs twice after wall 10 (16 counts x 2) at the end of the dance.

Even though there are some Tags in this dance I think you will feel that they come naturally in the music and in the dance. I hope you'll enjoy this great American Bluegrass music.

Tag 1: 16 counts: Step turn ½ left x 2 and step RF diagonally forward right ending with weight on RF while making 4 heel taps

Tag 2: 8 counts: Step turn ½ left x 2

Miley Cyrus performs this song at the George Clooney Tribute 2018.

Intro 16 counts, BPM 176

Section 1: Vine right and left with scuff

1RF step right

2LF step behind RF

3RF step right

4LF scuff

5LF step left

6RF step behind LF

7LF step left

8RF scuff

Section 2: Step forward, touch behind, step back, kick forward, step back, hook, step forward scuff

1RF step forward

2LF touch behind RF

3LF step back

4RF kick forward

5RF step back

6LF hook cross over RF

7LF step forward

8RF scuff

Section 3: Shuffle steps forward, scuff, rock step forward, recover, step back, hitch

1RF step forward

2LF step beside RF

3RF step forward

4LF scuff

5LF rock step forward

6 Recover onto RF (weight on RF)

7LF step back

8RF hitch

Section 4: Coaster step, scuff, rock step forward, recover, turn ½ left and step forward, hold

1RF step back

2LF step beside RF

3RF step forward

4LF scuff

5LF rock step forward

6 Recover onto RF (weight on RF)

7 Turn $\frac{1}{2}$ left and step LF forward

8 Hold (and prepare RF for a speedy start in the next section)

Section 5: Step diagonally forward right ending with weight on RF while doing 4 heel taps

1-2RF step diagonally forward right ending with weight on RF while doing a heel tap

3-4 Heel tap in the same position

5-6 Heel tap in the same position

7-8 Heel tap in the same position

Tag 1 (16 counts):

1-2RF step forward

3-4 Turn $\frac{1}{2}$ left on ball of LF

5-6RF step forward

7-8 Turn $\frac{1}{2}$ left on ball of LF

9-10RF step diagonally forward right ending with weight on RF while doing a heel tap

11-12 Heel tap in the same position

13-14 Heel tap in the same position

15-16 Heel tap in the same position

Tag 2 (8 counts):

1-2RF step forward

3-4 Turn $\frac{1}{2}$ left on ball of LF

5-6RF step forward

7-8 Turn ½ left on ball of LF

Have Fun and enjoy some excellent American Bluegrass music!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=130292