

# American Woman

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Marilyn Lowery - September 2018

**Music:** American Woman by The Guess Who

## Intro: 32 Counts (Start on Vocals)

### S1: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO

- 1-2      Step R Toe Fwd , Drop Heel
- 3-4      Step L Toe Fwd, Drop Heel
- 5 & 6      Rock R to R Side, Recover weight on L, Step R next to L
- 7 & 8      Step/Rock L to L Side, Recover weight on R, Step L next to R

### S2: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO

- 1-2      Step R Toe Fwd, Drop Heel
- 3-4      Step L Toe Fwd, Drop Heel
- 5 & 6      Rock R to R Side, Recover weight on L, Step R next to L
- 7 & 8      Rock L to L Side, Recover weight on R, Step L next to R

### S3: VINE RIGHT, TRIPLE TO RIGHT, VINE LEFT, TURN 1/4 TRIPLE FWD

- 1-2      Step R to R Side, Step L Behind R
- 3 & 4R-L-R to R Side**
- 5-6      Step L to L Side, Step R Behind L
- 7 & 8(7) L Foot Turn 1/4 L, (& 8) Step Fwd R-L**

### S4: 2 PIVOT TURNS 1/4 LEFT, HOP FWD, HIP BUMPS RIGHT & LEFT

- 1-2      Step R Fwd, Turn 1/4 L
- 3-4      Step R Fwd, Turn 1/4 L
- & 5-6(& 5) Hop Fwd R-L, (6) Hold**
- 7-8      Hip Bumps R & L

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