

Out of Our Heads

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Count: 48 **Wall:** 4 **Level:** Beginner

Choreographer: Martin Murphy (October 2018)

Music: Out of Our Heads by Take That

Dance Starts After 8 Counts

Section 1: Walk, Walk Coaster x 2

1, 2, 3&4 - Walk R, L, R Coaster

5, 6, 7&8 - Walk L, R, L Coaster

Section 2: Step, Pivot, Shuffle x 2

1, 2, 3&4 - Step Fwd on R, Pivot $\frac{1}{2}$ Left, Shuffle Fwd RLR

5, 6, 7&8 - Step Fwd on L, Pivot $\frac{1}{2}$ Right, Shuffle Fwd LRL

Section 3: Side, Together, Shuffle Fwd, Side Together, Shuffle Back

1, 2, 3&4 - Step R To Side, Step L Together, Shuffle Fwd Right RLR

5, 6, 7&8 - Step L To Side, Step R Together, Shuffle Back Left LRL

Section 4: Side, Together, Side Shuffle, Cross Rock, Shuffle $\frac{1}{4}$ Turn

1, 2, 3&4 - Step R to side, Step L Together, Side Shuffle to Right RLR

5, 6, 7&8 - Cross Rock R over L, Recover, Shuffle $\frac{1}{4}$ turn Left LRL

Section 5: Step Touches

1, 2, 3, 4 - Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side

5, 6, 7, 8 - Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side

Section 6: Jazz Box $\frac{1}{4}$ Turn x 2

1, 2, 3, 4 - Cross R over L, Step L Back, Step R foot $\frac{1}{4}$ turn right, Step L Together

5, 6, 7, 8 - Cross R over L, Step L Back, Step R foot $\frac{1}{4}$ turn right, Step L Together

Contact: Murfadurf2009@live.co.uk

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