

Set Me Free

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Count: 32 **Wall:** 4 **Level:** High Intermediate

Choreographer: Shaz Walton (Aug 2013)

Music: 'Gravity' by Sara Bareilles (iTunes)

Intro 18 counts. Just before lyrics.

Rock, recover. Together. Forward. $\frac{1}{2}$, $\frac{1}{2}$ sweep. Behind, side, cross. Sweep.

- 1-2** Rock forward on right. Recover on left.
- &3-4** Step right beside left. Step forward left. Pivot $\frac{1}{2}$ turn right.
- 5** Make $\frac{1}{2}$ turn right stepping back left, sweeping right from front to back.
- 6&7** Cross step right behind left. step left to left side. Cross step right over left.
- 8** Sweep left foot from back to front and across right (weight right) ***

Sweep. Sailor $\frac{1}{2}$ point. Point back. $\frac{1}{2}$ sweep. Cross rock, $\frac{1}{4}$. $\frac{1}{2}$. Back. Lunge.

- 1** Sweep left from front to back.
- 2&3** Cross step left behind right making $\frac{1}{4}$ left. Make $\frac{1}{4}$ left stepping right to right side. Point left toes forward.

4-5 Point left toes back. Make $\frac{1}{2}$ turn left dropping weight to left as you sweep right from back to front.**

- 6&7** Cross rock right over left. Recover on left. Make $\frac{1}{4}$ right stepping right forward.
- 8&1** Make $\frac{1}{2}$ turn right stepping back left. Step right beside left. Lunge forward onto left.

Recover. Lunge. $\frac{1}{4}$ drag. $\frac{1}{4}$ forward. Rock, recover. $\frac{1}{4}$. Step. $\frac{1}{2}$

- 2&** Recover right. Step left beside right.
- 3-4-5** Lunge forward on right. Drag left up to right as you make $\frac{1}{4}$ left. Make $\frac{1}{4}$ left stepping left forward.
- 6&7** Cross rock right over left. Recover on left. Make $\frac{1}{4}$ right stepping right forward.
- 8&** Step forward left. Make $\frac{1}{2}$ turn right.

Side. back. Cross. Side. Touch. $\frac{1}{4}$. Rock, recover. $\frac{1}{2}$. Forward.

- 1-2&** Step left to left. Cross step right behind left. Cross step left over right.
- 3-4** Step right to right. Touch left beside right. (Optional floaty arms!)

5-6& Make ¼ turn left stepping forward left. Rock forward right. Recover left.

7-8 Make ½ turn right stepping right forward. Step left forward.

Tag 1 - 4 counts- happens after walls... 1 (3 O' Clock) ...2 (6 O'clock).....5 (6 O'Clock) 7 (9 O'Clock)

1-2 Rock forward right. Recover on left.

3-4 Rock Back on right. Recover on left. (Rocking Chair)

Restart. Wall 4 - Dance to count 12 replace count 12 with a step forward on left & begin again from the beginning facing 3 O Clock.**

Restart. Wall 7 - Dance up to count 8. Step left foot down & add Tag 1.

Tag 2 - wall 9 - facing 12 O'clock

HOLD for 4 Counts..... do something dramatic... arms... whatever you want.... then start from the beginning facing 12 O'clock

SEQUENCE: 1(T1) - 2(T1) - 3 - 4(R) - 5(T1) - 6 - 7 (R&T1) 8 (Tag 2)

9 - 10 - 11BIG DRAMATIC FINISH

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