

Shout Out 2 My Ex

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Tim Gauci , BROKEN HILL, NSW 2880. - January 2017

Music: Shout Out to My Ex - Little Mix. Album: iTunes single

Begin dance 4 beats in - this is a Shout Out to My, begin on lyric 'Ex'

[1-8] STEP, HOLD, TOG, WALK, WALK, FWD, ROCK, COASTER STEP

12&34 Step L fwd, hold, step R tog (&), walk fwd L,R 12.00

567&8 Step L fwd, rock weight onto R, step L back, step R tog (&), step L fwd 12.00

[9-16] STEP, PADDLE, CROSS SHUFFLE, ¼, ¼, FWD SHUFFLE

123&4 Step R fwd, paddle ¼ turn L, cross shuffle R over L (RLR) 9.00

567&8 Making ¼ turn R step L back, making ¼ turn R step R to R, shuffle fwd LRL 3.00

[17-24] FWD, ROCK, BACK SHUFFLE, BACK, TOUCH, BACK, TOUCH, COASTER STEP

123&4 Step R fwd, rock weight back onto L, shuffle back RLR 3.00

&5&67&8 Step L back (&), touch R toe fwd, step R back (&), touch L toe fwd, step L back, step R tog (&), step L fwd 3.00

[25-32] ROCKING CHAIR, STEP, PIVOT ½, STEP, PIVOT 225DEG

1234 Step R fwd, rock weight back onto L, step R back, rock weight fwd onto L 3.00

5678 Step R fwd, pivot ½ turn L**, step R fwd pivot 225deg L (to the diagonal) 1.30

[33-40] WALK, WALK, FWD COASTER, BACK, ½, SHUFFLE FWD

123&4 Walk fwd R,L, step R fwd, step L tog (&), step R back 1.30

567&8 Step L back, making ½ turn R step R fwd, shuffle fwd LRL 7.30

[41-48] WALK, WALK, FWD COASTER, BACK, ½, 45DEG SIDE SHUFFLE

123&4 Walk fwd R,L, step R fwd, step L tog (&), step R back 7.30

567&8 Step L back, making ½ turn R step R fwd, making 45deg turn R shuffle L to L side LRL (straighten up to 3.00 wall) 3.00

[49-56] SAILOR STEP, SAILOR STEP, R JAZZBOX

1&23&4 Step R behind L, step L to L (&), step R to R, step L behind R, step R to R (&), step L to L 3.00

5678 Cross R over L, step L back, step R to R, step L fwd 3.00

[57-64] STEP, LOCK, STEP, STEP, PIVOT ½, STEP, LOCK, STEP, ½, ½, TOG

1&234 Step lock shuffle fwd RLR, step L fwd, pivot ½ turn R 9.00

5&678& Step lock shuffle fwd LRL, making ½ turn L step R back, making ½ turn L step L fwd, step R tog (&) 9.00

[64] Beats: Repeat dance in new direction

Restart on wall 2 - dance up to beat 31, on beat 32 make a ½ turn L to 12.00 wall and restart**

Tag at the end of wall 3 - add the following 8 beats - restart dance from beginning 9.00 wall;

1234 Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R,

5678 Step L fwd, pivot ½ turn R, step L fwd, pivot ½ turn R

Restart on wall 5 - dance up to beat 31, on beat 32 make a ½ turn L to 9.00 wall and restart**

Tag at the end of wall 7 - add the following 4 beats - restart dance from beginning 3.00 wall;

1234 Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R

Enjoy