

THE WAY

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Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Jan Svensen

Music: The Way I Mate by The Rednex

SIDE SHUFFLE, ROCK, RECOVER, HEEL SWITCHES, TURNING ¼ LEFT

- 1&2** Step right to right, step left beside right, step right to right
- 3-4** Rock back on left, recover on right
- 5&** Touch left heel forward, step left by right
- 6&** Touch right heel forward, step right by left
- 7&8** Touch left heel forward, step left by right, touch right heel forward

While doing heel switches you should be turning ¼ left

SIDE SHUFFLE, ROCK, RECOVER, ½ SHUFFLE TURN RIGHT, ROCK, RECOVER

- 1&2** Step right to right, step left beside right, step right to right
- 3-4** Rock back on left, recover on right
- 5&6** Make ½ shuffle turn right stepping left, right, left
- 7-8** Rock back on right, recover on left

HEEL HOOK, SHUFFLE, STEP ½ PIVOT, HOOK, SHUFFLE

- 1-2** Touch right heel forward, hook right, over left leg
- 3&4** Step forward on right, step left by right, step forward on right
- 5-6&** Step forward on left, ½ pivot right, hook right over left leg
- 7&8** Step forward on right, step left by right, step forward on right

ROCK FORWARD, ROCK BACK, ROCK FORWARD, ½ SHUFFLE TURN

- 1-2** Rock forward on left, recover on right
- 3-4** Rock back on left, recover on right
- 5-6** Rock forward on left, recover on right
- 7&8** Make ½ shuffle turn to left stepping left, right, left

REPEAT