

# RESTLESS CHA CHA

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**Count:** 40      **Wall:** —      **Level:** —

**Choreographer:** John & Janette Sandham

**Music:** Restless by Bob McKinley

**Position:** Side By Side holding hands, opposite steps throughout all steps are for man

**1-2-3&4** Walk forward on left, right, now turn to face each other on cha-cha steps left, right, left, (turn with a swinging motion & touch forward hands)

**5-6-7&8** Cross right, behind left step to the side on left, turn forward on cha-cha steps right, left, right, (again turn with a swinging motion)

**9-10-11&12** Step forward on left, cross right behind left, (swinging to face each other) then cha-cha forward on left, right, left, (swinging forward)

**13-14-15&16** Step forward on right, then left, cha-cha step forward on right, left, right (remember: lady is on opposite foot throughout)

**17-18-19&20** Left foot step to the side, slide right up to left, cha-cha step on left, right, left, (making  $\frac{1}{4}$  turn to man's left. You are now back to back)

**21-22-23&24** Step forward on right foot, make  $\frac{1}{2}$  turn to left pivoting on both feet, and cha-cha step towards each other on right, left, right

**Closed position**

**25-26-27&28 MAN: Rock forward on left, then back on right, cha-cha step backwards on left, right, left**

**LADY: Rock back then forward, & cha-cha, cha, always on the opposite foot**

**Still in closed position**

**29-32MAN: Rock backwards on to right foot, then forward on to left, and cha-cha forward on right, left, right**

**LADY: Start by rocking forward, then back, then cha-cha step backwards**

**Break the hold with man's right (lady's left) & form an arch with man's left hand still holding lady's right**

**33-36** Man steps through the arch on step left, then right, then make  $\frac{1}{2}$  turn to man's left on cha-cha steps on left, right, left

**You have now changed places & facing each other. Change hands take lady's left hand with your right**

**37-40MAN: Change places again stepping right, then left, now make a  $\frac{1}{4}$  turn right, to face forward on right, left, right**

**LADY: Opposite feet & making  $\frac{1}{4}$  turn to left**

**REPEAT**